



The Parish of St Paul of the Cross - Glen Osmond/Parkside

18th - 19th October, 2025 ♦ Feast of St Paul of the Cross, Year C

We are an inclusive Catholic Community connecting people to God and to one another.

Parish Pastoral Team

Parish Priest:

Fr Tom McDonough cp

Assistant to the Parish Priest:

Fr Tony Simbel cp

Fr Cao Anh Phi cp

Fr Pastor Mumburi cp

Pastoral Associate:

Sue Schulz

Parish Secretary:

Carmela Pannunzio

Admin Assistant:

Claire Hamlyn

WHS Co-Ordinator

Donna Cooper

Child Safe Contact Person

Sue Schulz

Parish Pastoral Council

Mr Peter McLoughlin

Finance Chair:

Mr Brian Lilley

Passionist Community

Members:

Fr Tom McDonough cp,

Fr Tony Egar cp,

Fr Tony Simbel cp,

Fr Cao Anh Phi cp,

Fr Pastor Mumburi cp,

Fr Paul Kien cp,

De Pham Quang Vinh,

Bro. Mark Wells cp.

Passionist Sisters:

Sr. Shiji (Community Leader)

Sr. Jasmine, Sr. Nithya,

Sr. Mary Jasmine

Parish Office Hours

9am – 4pm Monday to Friday

Phone: (08) 8338 1277

Address

St. Paul's & The Monastery

15 Cross Rd. Urrbrae 5064

St. Raphael's, Young St.,

Parkside 5063

Email

parish@themonastery.net.au

Website and Facebook

themonastery.net.au

[https://www.facebook.com/](https://www.facebook.com/StPaulsRetreat/)

StPaulsRetreat/

Holy Spirit Province website:

<https://www.passionists.com/>

St Raphael's Primary School

114 Glen Osmond Road,

Parkside

Ph: 08 8274 4900

Mrs Emma Fowler (Principal)

Today's Theme:

FEAST OF ST PAUL OF THE CROSS

This weekend we celebrate the Feast of St. Paul of the Cross. In our liturgy today we are reminded that the memory of the Passion of Jesus is a source of life and strength for us. In the sufferings of Jesus we see in the words of St. Paul of the Cross the great ocean of God's love for us.

Entrance Antiphon: I have been crucified with Christ, and the life I live now is not my own; Christ is living in me. I still live my human life, but it is a life of faith in the son of God, who loved me and gave himself for me.

Response to the Psalm: I will proclaim your salvation, Lord.

Gospel Acclamation: Alleluia, alleluia! The Lord has sent me to bring glad tidings to the poor, to proclaim liberty to captives. Alleluia!

Communion Antiphon: I determined that while I was with you, I would speak of nothing but Jesus the Lord lack no blessing.

MASSES FOR THE FOLLOWING WEEK

18th - 28th October 2025

	St Raphael's	St Paul's
Saturday	5:30PM	6:00PM
Sunday	9:30AM	8:00AM 10:30AM 5:00PM
Monday		9:30AM
Tuesday		9:30AM
Wednesday		9:30AM
Thursday	9:30AM	
Friday	9:30AM	

Adoration of the Blessed Sacrament at St Raphael's Church

Thursday	10AM until 1.30PM
Friday	10AM until 1.30PM
Saturday	12:00PM until 3:30PM
Sunday	10:30AM until 4:00PM

Next Sunday's readings:

30th Sunday in Ordinary Time

1st Reading: Sirach 35:12-14, 16-19

2nd Reading: 2 Tim 4:6-8, 16-18

Gospel: Lk 18:9-14



Happy Feast Day to our Passionist Family!



May the Passion of Jesus Christ be always in our hearts

Roster for Next Week:

25th - 26th October, 2025

St Paul's

Readers

6:00pm Marie D.

8:00am Michelle C.

10:30am Malgorzata P.

5:00pm Alison Gore

EOMHC

6:00pm Alison Goss

8:00am George P.

10:30am Marie O.

5:00pm Dinesh A.

St Raphael's

Readers

5:30pm Amritha A.

9:30am Carmen S.

EOMHC

5:30pm Damien Mc I.

9:30am Felicia F.

Altar Society

Elizabeth

Count Team - 8

GIVE EASY

Please scan the QR code for a link to our collections:

1st Collection
Support of Clergy



2nd Collection
Support of Parish

We acknowledge the traditional custodians of the land on which our parishes, communities and offices stand and we pay our respects to Elders past, present and emerging.

We commit ourselves to actively work alongside indigenous people for reconciliation and justice.

LET US REMEMBER TO PRAY FOR EACH OTHER

Sick: Henry, David Lane, Gloria Phillips, Anton Sylvester, Amalie Leditschke, Amy & Jude, Chris Harwood, Trish Betros

Recently Deceased: Monsignor Robert Rice, Irene Pannunzio, Gerard Kennedy, Denis Wells, Michael Kain, Tina Dellacamera, Joseph Hoàng Trọng Thiết, Hilda Cocheril, Elizabeth (Liz) Allan

Anniversaries: Yolanda Rossi, Giovanni Zeoli, Mina Santucci, Maria Domenica Bibbo, Maria Nicola Luciano

Feast of Paul of the Cross • Swept up into the Sea of Love

In the glorious chapel where, beneath the altar, the body St Paul of the Cross can be viewed. Above the altar, a striking painting shows Christ on the cross, one arm free, lifting St Paul of the Cross to his breast, drawing him close to his wounds.

Well, a lot of you would know the reflection "Footprints." Looking back on his life the pilgrim sees two sets of footprints in the sand. At the times that were the hardest, there is only one set. When asked where He was then, Jesus answers that in those hardest moments, He was carrying the pilgrim.

The painting above the altar of St Paul of the Cross is the Passionist version of that same truth. Here, Christ does not simply walk beside Paul. Jesus lifts Paul holds him close and carries him to his wounded side. It is the Passion rendered not as a burden borne by Christ, but it is Love's embrace. It is not the saint who reaches up to Christ - it is Christ who reaches down, holding Paul close and carrying him. The message is simple, in all life's shifting tides. It is Jesus who carries us.

Paul asked his followers to spend 3 hours a day before the cross, before the crucifix. The focus, that attention, often wordless. Not just because no words are enough, but because this time isn't for us to be talking to Christ on the cross. It is three hours in which Christ on His cross gazes intently into our hearts. His gaze, not our words, are the prayer of love lifting us to his side.

And pressed to his side, we realise that those wounds are not Christ or made by a spear. They are our wounds, which Jesus carries with us and for us. The Passion that afflicts him is not the past, what happened to him. Our wounds are what he suffers now. They are the meeting-place of divine and human pain, the secret of love's union.

St Paul of the Cross often spoke of this prayerful mutual attention as an entering into the Sea of the Passion that leads into the Sea of Love. To enter that sea is to be immersed in the mystery of a God whose suffering is love without limit. "There," Paul wrote, "we fish for pearls of love in the sea of the Passion of Jesus." In that ocean, sorrow and tenderness become one; the Cross is the most overwhelming experience of God's love, making our pain his own.

Our sufferings might feel very small compared to Christ's Passion - our domestic storms and private griefs, the daily fatigue, the quiet worries that keeps us awake at night. The Passion can seem immense, awesome, a vast suffering beyond our scale. Yet, St Paul would say this: every drop of our own sorrow, when offered with love, falls into that great sea. It literally becomes God's own Passion. To paraphrase a once common saying: God say to us in this prayerful, mutual gaze: When you cry, I taste the tears. Though the Lord bears the weight of the world, nothing is too small to be noticed and in his vast compassion, nothing is more precious.

So many times, when I have been with someone, to support them after a death, a diagnosis, chronic pain or distress, they so often say: 'But Father, others have it much worse than I do'. It's a generous instinct. However, suffering is not a competition. While circumstances may differ, it is not the size of the wound but the depth of sorrow that matters. Each person's cross is unique and precious to God, and in Christ's wounds every sorrow finds its place. In God's eyes, no sorrow is trivial. Love does not compare. It simply bends low, gathers, and carries.

For Paul, three hours a day before the Crucifix, wasn't meant to achieve anything more than to let Christ gaze upon us, and for us to see ourselves; in a mirror that his hands, his feet, his side, the blood and tears are in fact our own, that now he has made his own. In that gaze, prayer ceases to be effort and becomes surrender. We are drawn, lifted, held - carried into the Sea of Love.

Finally, we don't need a daily three hours. We need regular periods of focused attention, creates new pathways in our minds and hearts. Our ways of thinking, feeling responding become transformed. Gradually, our inner landscape reshapes itself. The gaze of Christ becomes the lens through which we see others, respond to suffering, and understand love.

TAA (Take Away Activity)

Find a quiet moment before a crucifix or cross. Sit not as a spectator but as one being seen. Breathe slowly and pray:

"Lord Jesus, in your wounds, see me. In my wounds, hold me."

Music Reflection

Ubi Caritas by Ola Gjeilo

www.youtube.com/watch?v=B-50CeNelnA

Hauser & Dimash - Ave Maria

www.youtube.com/watch?v=8cx1znWgglQ



FUNDRAISING CAKE STALL AT ST PAUL'S CHURCH

At the 5pm Family Friendly Mass a cake stall will be available so you can purchase some yummy treats. All funds raised will go towards this year's Christmas celebrations at St Paul's, including our new nativity scene.

If you would like to donate some baked goods for the stall, please bring them to the church on the Sunday. Please don't forget to include a list of ingredients.

THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED SUNDAY, 2 NOVEMBER

A special Mass remembering our deceased family and friends, particularly over the past 12 months, will be celebrated in both our churches. You are invited to bring a small memento, perhaps a flower, a photo or small item to remember the person. This can be placed on a special table before the Mass, if you choose to do so.

- **St Raphael's Church 9.30am**
- **St Paul of the Cross Church 10.30am, then moving out for the blessing of the cemetery.**

CHRISTMAS CARD CREW

As we continue with our community projects, we are once again preparing to deliver Christmas cards to all the residents living in residential facilities across our parish. And we need some volunteers with heaps of Christmas cheer and willing hands to help write, sticker, count and pack the hundreds of cards we will need to fulfil this project. We are looking at supplying nearly 1000 cards to bring some Christmas cheer to those in our parish. So how can YOU help???

One: volunteer on Wednesday the 12th of November from 10.00am until 12.30pm in the Sebastian Centre to write, sticker, count and/or pack cards (Morning tea will be supplied along with smiles and lots of laughter)

or

Two: donate a pack of unused Christmas cards. These can be dropped off to the Office before the 12th of November, left in the boxes in the churches or brought along on the day.

Please contact Sue Schulz in the Parish Office if you would like to help.



UPCOMING EVENTS IN OUR PARISH

Date Savers for your Diaries:

- **Thursday the 20th of November** -Volunteers Thank You evening.
- **Tuesday the 25th of November** - Mass for the Unborn 7pm.
- **Friday the 12th December** - Office closed all day
- **Sunday the 21st of December** - Carols on the lawn after the 5pm Mass

More details to come in following bulletins.

LOST AND FOUND CLEANOUT

Our lost and found collection in the back room of St Paul's Church has grown quite a bit!

Please take a moment to check for any missing items next time you're at Mass. Any unclaimed belongings will be discarded in two weeks' time.

ADELAIDE SYNOD: CREATIVITY AND COURAGE IN MISSION

Presented by SACEC, St Vincent de Paul Society (SA) and Cross Rd Forum

The upcoming Adelaide Diocesan Synod will discuss the many diverse ways in which Catholics live and celebrate their faith, including the Mass, alternative liturgies/ Eucharists, prayer and reflection, lives of personal authenticity, integrity in relationships and social action.

When: 7.00 – 8.30pm Thursday, 16 October 2025.

Where: Sophia Centre, 225 Cross Road, Cumberland Park.

More information: sacec.org/events/

CARITAS AND COUNCIL FOR INTEGRAL ECOLOGY THANKSGIVING MASS

All Caritas ambassadors, supporters and Catholic Earthcare groups are invited to a Thanksgiving Mass on November 7 at 5:45pm at St. Francis Xavier's Cathedral. The Mass is to celebrate the blessings of the year, responding to God's call for faith and justice for all creation. Following the Mass, a light supper will be provided in the parish hall.

RSVP's required: <https://shorturl.at/re9CZ>

VOCATIONS PRAYER VIGIL – FROM HEART TO HEART: JOURNEYING TOGETHER IN HOPE.

Please join us as pilgrims in prayer journeying together in Hope to celebrate the Vocations Prayer Vigil in the Cathedral on Friday November 21 from 5.15pm beginning with Evening Prayer of the Church, Mass at 5.45pm followed by Exposition and Benediction to finish by 8.30pm followed by supper in the Cathedral Hall.

The theme of the Vigil this year is 'Pilgrims: Journeying Together in Hope.' Looking forward to your companionship in prayer.

AUSTRALIAN CATHOLIC WOMEN'S FELLOWSHIP

The Bishops Commission for Evangelisation, Laity and Ministry is pleased to announce applications are now open for the Australian Young Catholic Women's Fellowship for 2026/2027. The Fellowship, which is offered over a two-year period, is a key initiative reflecting the Australian bishops' ongoing commitment to formation of women for missionary leadership.

The Fellowship is seeking applications from Catholic women aged between 25 and 35 years who:

- Have successfully completed undergraduate study (in any field of study);
- Have an understanding of and a commitment to promote the principles of Catholic Social Teaching and Gospel values;
- Can demonstrate how they live their baptismal mission in the world and contribute to Catholic life; and
- Can demonstrate a desire to enhance their leadership potential in the forums they are engaged in, upholding and promoting Catholic principles.

In 2026/2027, the Bishops Commission is encouraging interest from:

- women living in rural and remote Australia;
- Aboriginal or Torres Strait Islander women;
- migrant and refugee women (with Australian citizenship)
- women working in a secular setting.

Further details and how to apply can be found on the NCE website.

PARISH MISSION STATEMENT

Guided by the Gospel, our Catholic tradition and inspired by the Spirituality of the Passionists we are a welcoming, diverse community with a strong focus on equality for all. We seek God through our gathering to celebrate the Eucharist and to share in liturgies which nurture our stewardship, commitment to social justice and providing spiritual nourishment and hospitality.

'ENCOUNTER JESUS' YOUTH RETREAT – CHARIS SA

CHARIS SA is organising a Youth Retreat, to be held on Saturday October 25, at St Peter Claver Church, Dulwich. The Retreat is about encountering Jesus by experiencing God's mercy, love and the power of the Holy Spirit working in us to transform lives. The participants will be guided to experience the above through teachings and shared testimonies on living faith. There will be praise & worship, confession, Adoration and Mass. This will be an opportunity for those who will be going to the Australian Catholic Youth Festival to prepare by enkindling their faith. For those who will not be going to the ACYF, this retreat will be an encounter to take back to their parishes and communities and will encourage them to live a purposeful sacramental life. All are welcome, kindly invite other young Catholics to come.



Please scan the QR code to register, for more details ring the number on poster.

Link: https://docs.google.com/forms/d/e/1FAIpQLScBQJXewspVL_58y0sasRUIDr0XDABsE_eSVHr-IrLJi4vf6w/closedform

FOREVER A MEMBER OF CHRIST: BAPTISM AND THE PEOPLE OF GOD WITH FR ORM RUSH

Thursday October 30 7pm - Online

All are invited to join the next Synod Formation Session with Fr Orm Rush who will offer a presentation on baptism and synodality. Fr Rush is a priest of the Townsville Diocese, theologian and lecturer at Australian Catholic University and was an expert theological advisor at the Synod on Synodality in Rome (2021-24). This session will also feature a panel of local lay and clergy to discuss the meaning and lived experience of the baptised. This presentation is part of the Formation Series in preparation for the 2026 Diocesan Synod. Each session explores a different aspect or theme of the Synod.

More information and recorded formation sessions are available on the Synod website at www.togetherontheway.au

Register online at www.togetherontheway.au/events or contact Peter Bierer for more information:

pbierer@adelaide.catholic.org.au | 08 8210 8129

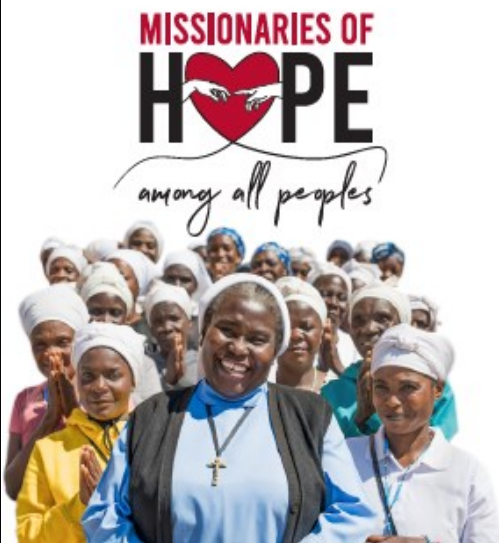
CATHOLIC MISSION

This week, you're invited to partner with the Church in Zambia to help women overcome poverty and mothers give birth safely.

The Women's Cooperative, led by Sr Jane will provide women with the training and support required to break the cycle of scarcity, and the Chilonga Mission Hospital is determined to ensure every woman and baby receives a safe and dignified start to life.

During World Mission Sunday, we are called to be 'Missionaries of hope among all peoples', and we invite you to extend Christ's love to those in need in Zambia. You can support this work by using the appeal envelope or going online at catholicmission.org.au/mission.

Your gift will also assist many other Church programs around the world.



PALMS AUSTRALIA

Develop community self-reliance and create lasting change!

Discover Palms International Volunteering online in this special session where you'll chat with past Palms volunteers and hear how skill-exchange makes a lasting impact in communities. Explore our unique opportunities and match your life experience to the experience of a lifetime!

Venue: Online- Scan the QR or register at palms.org.au/events

Date: Thursday 30 October 2025

Time: 7pm – 8.30pm AEDT (NSW/VIC/ACT/TAS)

Phone: 02 9560 5333 or email: palms@palms.org.au



Discover Palms Volunteering