



# The Parish of St Paul of the Cross - Glen Osmond/Parkside

7th - 8th February 2026 ♦ 5th Sunday in Ordinary Time, Year A

We are an inclusive Catholic Community connecting people to God and to one another.

## Today's Theme:

### CHRIST'S CHURCH: A LIGHT IN THE DARKNESS

The Church is a light shining in the darkness of the world. But today's celebration is overshadowed by a great If. How much more brightly would that light shine if we who are Christians were really like Christ.

**Entrance Antiphon:** Come, let us worship the Lord. Let us bow down in the presence of our maker, for he is the Lord, our God.

**Response to the Psalm:** A light rises in the darkness for the upright.

**Gospel Acclamation:** Alleluia, alleluia! I am the light of the world, says the Lord; the man who follows me will have the light of life. Alleluia!

**Communion Antiphon:** Let them thank the Lord for his mercy, his wonders for the children of men for he satisfies the thirsty soul, and the hungry he fills with good things.



## ASH WEDNESDAY MASS TIMES

18<sup>th</sup> February 2026

- St Raphael's Church: 9:30am
- St Paul of the Cross Church: 7:00pm

## SACRAMENT OF RECONCILIATION FOR CHILDREN

Please find in our Church foyers, letters regarding our Sacramental program and enrolment forms for the **Sacrament of Reconciliation** for children this year. If your child is aged 8 or older and is ready to receive the Sacrament of Reconciliation, please fill in the form and return it to Sue Schulz via [sue.schulz@themonastery.net.au](mailto:sue.schulz@themonastery.net.au) or bring to the Parish Office by the 23/3/26. If you have any questions regarding the program please contact Sue on 8338 1277.

## GIVE EASY

Please scan the QR code for a link to our collections:

**1st Collection**  
Support of Clergy



**2nd Collection**  
Support of Parish

## Roster for 14th - 15th February

St Paul's		St Raphael's	
6:00pm	R: Fiona E. E: Marie D.	5:30pm	R: Amritha A. E: Des Q.
8:00am	R: Paul S. E: Michelle C.	9:30am	R: Carmel G. E: Felicia F.
10:30am	R: Elizabeth D. E: Marie O.	Count Team: 6	
5:00pm	R: Sue S. E: Dinesh A.	Altar Society: Vera-Ann S. & Melanie	

**Next Sunday's readings:** 6th Sunday in Ordinary Time

**1st Reading:** Sir 15:15-20

**2nd Reading:** 1 Cor 2:6-10

**Gospel:** Mt 5:17-37

## LET US REMEMBER TO PRAY FOR EACH OTHER

**Sick:** Mary Batley, Kylie, Von Hill, Gloria Phillips, Anton Sylvester, Amalie Leditschke, Amy & Jude, Chris Harwood

**Recently Deceased:** Carolina Carrara

**Anniversaries:** Fr Terry Holland, George D'Sylva, Andrea Onofrio, Antonio Colella, Audrey Todd, Maria Nicola Bibbo, Catherine Simmons, Teresa Nash

We acknowledge the traditional custodians of the land on which our parishes, communities and offices stand and we pay our respects to Elders past, present and emerging.

We commit ourselves to actively work alongside indigenous people for reconciliation and justice.

## We Preach Christ Crucified

His detractors said of Paul; that his letters were weighty, but, he was pretty unimpressive. In cosmopolitan Corinth, he sounded crude, unpolished, physically unimpressive, and unsure of himself. As a young man perhaps, that is why Saul (as Paul was then) worked so hard as a Pharisee, why he was so cruel, dogmatic, and autocratic in prosecuting Christians. He had status; he commanded the stage; he had a voice. All the time, working so hard to overcome his own shortcomings.

But Corinth was not Capernaum. Paul worked to build the church there for three years and then continued on to other missions. But the reports he heard were shocking. Alongside the grave moral failures, - adultery, incest, arrogance of the rich, Eucharist turned into a competition. The community was divided into sects, but 'super-apostles' as Paul criticises them. They looked back on Paul as a bit of a joke, their new heroes were brilliant preachers, polished, self assured, claiming to be the true apostles, great self promoters.

And so, in our second reading today, Paul writes back to the community. It was twenty years after his own conversion, and he had had his day and king of the castle, as cock of the walk. It had driven him to the point where he broke down completely on the road to persecute more Christians. Christ had shattered his self-assured world.

So, when Paul writes, "I decided to know nothing among you except Jesus Christ, and him crucified... I came in weakness and fear and much trembling," this is not false modesty or play acting. It is truth. Paul is no longer trying to sound like the man he used to be. He is who he is - vulnerable, uncertain, faithful, dependent on grace.

Christ crucified isn't just his message, but who he is. 'I live now, not I, but Christ lives in me.' Being Christian isn't a competition for importance. The cross wasn't a victory; it's not meant to impress. Don't try being beautiful, bold, and brilliant, that doesn't impress either.

Being truthful, recognising how powerless we are without God, and often how needy, is how we come to be truly alive. Being truly who we are, warts and all, that Christ comes to live in us.

So, when Jesus says, "You are the salt of the earth... You are the light of the world." Salt only works when it dissolves. Light only works when it is allowed to be seen. And we are truly alive when we let go of control.

Paul had learned this the hard way. Paul no longer trusts polished speech. He trusts a life aligned with truth. If we want our lives to witness to preach Christ crucified, we have to let our defenses die first.

In our own time, poet Amanda Gorman, poet laureate, wrote in response to Alex Patti's violent death in Minnesota: "If we cannot find the words, may we find the will." It is a line born of grief, restraint, and moral clarity. It refuses performance. It insists on presence. The light of Christ does not shine because we are impressive. It shines when we stop pretending.

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## TAA - Let the defence drop

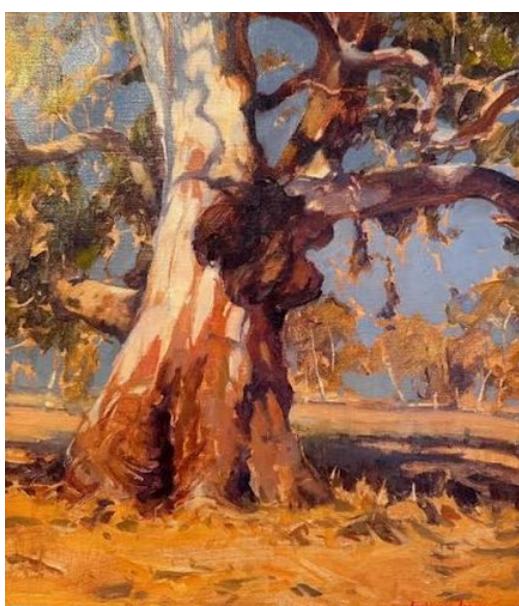
Once this week, notice a moment when you are performing competence rather than telling the truth — a conversation, a meeting, a family exchange, even prayer. Pause — and silently name what's underneath the performance:

***"This is where I'm trying to look strong."***

Then, if it's safe and appropriate, say one honest sentence instead of a polished one

## Visual Reflection

*Albert Namatjira - "Gum Trees" and "Olive trees in Gethsemane"*



## MORNING REFLECTION WITH FR TOM

**A reminder to book in this week!** "Living life with heart and mind renewed" Morning Reflection with Fr Tom McDonough CP Saturday 14 February - Doors open 9:00am. Morning tea provided. BYO lunch to enjoy in the gardens. Please contact the office to book—8338 8700. \*Suggested donation \$25.

## SHROVE TUESDAY MORNING TEA

February 17th after the 9.30am Mass at St Paul of the Cross, everyone is welcome to stay for a "Pancake Morning Tea". Tea/coffee, pancakes, and some toppings will be provided for a donation to Project Compassion. It will also see the launch of not only Project Compassion but also "The Long Walk for Water" in our parish.

### "THE LONG WALK FOR WATER"

Every day, 292 million people around the world walk 30 minutes or more just to collect water. This Lent, will you walk in solidarity with them? Show your love and compassion for those living in poverty by taking on a walking challenge to help bring clean, safe water to vulnerable communities.

Every Tuesday during Lent, after Mass at St Paul of the Cross everyone and anyone is invited to come to the grounds of the Monastery to walk. Sue will try to draw up a couple of different tracks to follow so it won't be the same every time. Tea, coffee and maybe a sweet treat will be provided, a gold coin donation would be appreciated to help bring fresh water to communities.

Your steps will help transform lives by supporting access to clean water for those who need it most.

## LIBRARY

Our Parish library in the Sebastian Centre is brimming with fabulous books that are just waiting to be borrowed. On the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of the months the doors are open and if you want to peruse them any other time please come to the Office and we can open up for you. There's something for everyone, we have religious books, biographies, children's books, history, novels and even a range of DVDs. Everyone welcome!

## CONVERSATION CAFÉ

Welcome back to the New Year! Our next Conversation Café will be on the 19<sup>th</sup> of February from 10am-12noon in the Sebastian Room. Please note the new day and everyone is welcome to come along to meet new friends, enjoy a cup of tea or coffee and a sweet treat.

## ST GABRIEL FEAST DAY

St. Gabriel's Feast Day will be celebrated on Sunday 22<sup>nd</sup> February 2026 at St Paul of the Cross Church.

In lieu of the **10.30am Mass**, the procession will commence at 10.45am and Mass will commence at 11.30am. Celebrant will be Fr Gavin Small. All parishioners are welcome to attend.

## ST VINCENT DE PAUL SOCIETY

The Glen Osmond Parkside Conference is looking for new members to join its team. Members live out their faith in action by visiting companions to provide support, friendship and assistance with food, clothing and the payment of some bills. As well as visiting people in need, we meet once a month to reflect on the service we offer our companions. Please contact Marie Davis on 0417 713 327 if you wish to join us or know more about what we do.

## PURPLE RIBBONS

The colour purple during Lent serves as a powerful, visual tool that invites the faithful to reflect on their spiritual lives and prepare for the celebration of Easter. It is a constant reminder of the season's themes of penance, mourning, and ultimately, renewal. As we see the purple around us in our places of worship, we are reminded to turn our hearts towards God and the profound mystery of redemption that Lent prepares us to celebrate.

On Ash Wednesday and the following weekend purple ribbons will be available in the churches.

The community's role in this tradition is to collectively enter a period of penance and reflection. By sharing in the same liturgical colour, the community expresses its unity in observing Lent. This shared experience helps to build a supportive environment where members can encourage one another in their spiritual disciplines.

Tie your purple ribbon around your wrist, tie it to your school bag, handbag or briefcase, place it in your diary as a marker, put it somewhere that you can see it daily to remind you of the journey we now take together towards Easter.

## STATIONS OF THE CROSS - FRIDAYS DURING LENT

Meditations on the Stations of the Cross before the Blessed Sacrament will occur after the 9.30am Mass every Friday during Lent at St Raphael's Church.

Lenten Stations of the Cross will be prayed in the Sacred Gardens every Friday during Lent commencing at **5.30pm**. After praying the Stations of the Cross, quiet Adoration (for about 15 minutes) will follow in the side chapel at St Paul of the Cross Church.

The dates for the Stations of the Cross are:

- Feb 20
- Feb 27
- \*March 6
- March 13
- March 20
- March 27

Please gather at the gate to the Sacred Garden. We will start with a prayer then walk and pray the **Traditional Stations of the Cross**.

**\*Please note** – the Stations of the Cross on March 6<sup>th</sup> will be **Scriptural Stations of the Cross**. We will still gather at the gate to the Sacred Garden, start with a prayer then slowly walk to the gazebo between stations 11 and 12 where we will continue to pray the Scriptural Stations of the Cross.

# Parish Mission Statement

Guided by the Gospel, our Catholic tradition and inspired by the Spirituality of the Passionists we are a welcoming, diverse community with a strong focus on equality for all. We seek God through our gathering to celebrate the Eucharist and to share in liturgies which nurture our stewardship, commitment to social justice and providing spiritual nourishment and hospitality.

## PRAYER INTENTIONS OF THE HOLY FATHER

### February - For children with incurable diseases

Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

## FEAST OF OUR LADY OF LOURDES

### Saturday February 14 at 10am in St Francis Xavier's

**Cathedral.** Each year, on World Day of the Sick a Mass is offered for those who are of ill health. This year Lourdes Day falls on February 11 and will be celebrated on the following Saturday (February 14). All are welcome to receive a blessing and anointing. For more information please contact Archdiocesan Events on (08) 8210 8220 or [events@adelaide.catholic.org.au](mailto:events@adelaide.catholic.org.au)

## GARRETT PUBLISHING LENT SERIES 2026

### 17 February – 24 March 2026

Journey through Lent with a series of six engaging online talks led by Australian biblical scholars from Yarra Theological Union (University of Divinity). Each week, our presenters will explore the Sunday readings, offering rich insight and thoughtful reflection to deepen your Lenten experience. **Presenters include:** Dr Mary Reaburn NDS,

**Dr Chris Monaghan CP** and Dr Paul Creevey FMS

### EVENT DETAILS

**When:** Tuesdays – 17 & 24 February; 3, 10, 17 & 24 March

**Time:** 7.00 – 8.00 pm (AEDT)

**Where:** Via Zoom

**Cost:** Free (no accreditation) or \$33.00 (incl. GST) for professional development accreditation

**Registration:** <https://garratt1.wufoo.com/forms/virtual-lent-series-2026/> Online registration is essential. Zoom details will be emailed upon registration.

## LEND A HAND WITH PROJECT COMPASSION 2026

Caritas is looking for local parishioners to help promote Project Compassion in their church this Lent. This includes setting up displays, handing out boxes/envelopes and sharing stories. If you think you can help, check first with your parish secretary/priest and then get in touch with Caritas Kaz on 8210 8204.

## WORLD DAY OF PRAYER – NIGERIA 2026

The **World Day of Prayer Committee and the Archdiocese of Adelaide warmly invite you** to join Christians from across Adelaide for the **World Day of Prayer Ecumenical Service**, focusing on **Nigeria**, on **Friday March 6 at St Francis Xavier's Cathedral**.

The service will begin at **10.00am**, will include a **guest speaker**, and will be followed by **refreshments and fellowship**. While World Day of Prayer services are held in many locations throughout Adelaide, all are especially encouraged to gather at the **Cathedral** to pray together in unity, solidarity and hope with the people of Nigeria. **ALL WELCOME!**

**For more information contact:** Tracey on **8210 8136** or [jhi@adelaide.catholic.org.au](mailto:jhi@adelaide.catholic.org.au)

### Parish Pastoral Team

#### Parish Priest:

Fr Tom McDonough cp

#### Assistant to the Parish Priest:

Fr Cao Anh Phi cp

Fr Pastor Mumburi cp

#### Passionist Community Members:

Fr Tony Egar cp,

Fr Paul Kien cp,

Fr Pham Quang Vinh,

Bro. Mark Wells cp.

Bro. Phuc Van Nguyen

#### Pastoral Associate:

Sue Schulz

### Parish Secretary:

Carmela Pannunzio

### Admin Assistant:

Claire Hamlyn

### WHS Co-Ordinator

Donna Cooper

### Child Safe Contact Person

Sue Schulz

### Parish Pastoral Council

Mr Peter McLoughlin

### Finance Chair:

Mr Brian Lilley

### Passionist Sisters:

Sr. Shiji (Community Leader)

Sr. Jasmine, Sr. Nithya,

Sr. Mary Jasmine

### Parish Office Hours

9am – 4pm Monday to Friday

Phone: (08) 8338 1277

### Address

St. Paul's & The Monastery

15 Cross Rd. Urrbrae 5064

St. Raphael's, Young St.,

Parkside 5063

### Email

[parish@themonastery.net.au](mailto:parish@themonastery.net.au)

### Website and Facebook

[themonastery.net.au](http://themonastery.net.au)

[www.facebook.com/StPaulsRetreat/](http://www.facebook.com/StPaulsRetreat/)

Holy Spirit Province website:  
[www.passionists.com](http://www.passionists.com)

### St Raphael's Primary School

114 Glen Osmond Road,

Parkside

Ph: 08 8274 4900

Mrs Emma Fowler (Principal)