



The Parish of St Paul of the Cross - Glen Osmond/Parkside

2nd - 3rd May 2026 ♦ Fifth Sunday of Easter Year A

We are an inclusive Catholic Community connecting people to God and to one another.

Today's Theme:

OUR ROYAL PRIESTHOOD

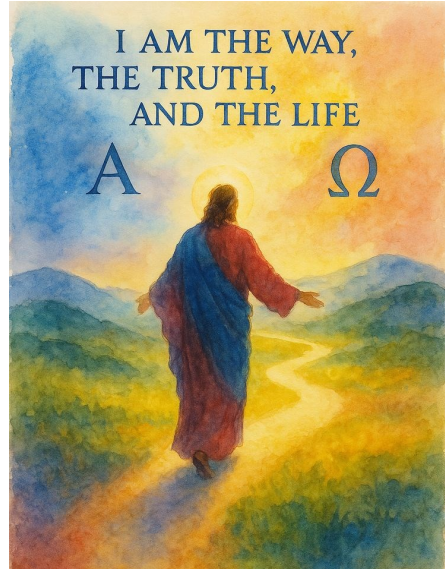
We are assembled here today to exercise our royal priesthood and to offer the spiritual sacrifice that Jesus Christ has made acceptable to God our father.

Entrance Antiphon: Sing to the Lord a new song, for he has done marvellous deeds; he has revealed to the nations his saving power, alleluia.

Response to the Psalm: Lord, let your mercy be on us, as we place our trust in you.

Gospel Acclamation: Alleluia, alleluia! I am the way, the truth, and the life, says the Lord; no one comes to Father, except through me. Alleluia!

Communion Antiphon: I am the true vine and you are the branches, says the Lord. Whoever remains in me, and I in him, bears fruit in plenty.



MASSES FOR THE FOLLOWING WEEK 2nd - 8th May

	St Raphael's	St Paul's
Saturday	12:00pm 5:30pm	6:00pm
Sunday	9:30am	8:00am 10:30am 5:00pm
Monday		9:30am
Tuesday		9:30am
Wednesday		9:30am
Thursday	9:30am	
Friday	9:30am	

Adoration of the Blessed Sacrament at St Raphael's Church

Thursday	10:00am <i>until</i> 1.30pm
Friday	10:00am <i>until</i> 1.30pm
Saturday	12:00pm <i>until</i> 3:30pm
Sunday	10:30am <i>until</i> 4:00pm

Roster for 9th - 10th May

St Paul's		St Raphael's	
6:00pm	R: Monique R. E: Pauline C.	5:30pm	R: Fiona E. E: Elizabeth D.
8:00am	R: Keith B. E: Amritha A.	9:30am	R: Carmel G. E: Rosa F.
10:30am	R: Zuzanna S. E: Rayna T.	Count Team: 9	
5:00pm	R: Tom B. E: Alison G.	Altar Society: Elizabeth	

Next Sunday's readings: Sixth Sunday of Easter

1st Reading: Acts 8:5-8, 14-17

2nd Reading: 1 Pet 3:15-18

Gospel: Jn 14:15-21

HOME ROSARY IN THE MONTH OF MAY

The home Rosary for this month will be held at the home of Carmen and Anton Sylvester. Apt 804/1 George St, Parkside, on Friday 8th May 2026 at 2pm. Everyone is welcome.

ANNUAL MASS COUNT

The 2026 Mass Count is to take place over the four weekends in May. We ask our collectors to report numbers at each Mass. A sheet is available in the sacristy.

This year's count will also contribute to the 5 yearly National Count of Attendance conducted by the Pastoral Research Office of the Australian Catholic Bishop's Conference.

GIVE EASY

Please scan the QR code for a link to our collections:

1st Collection
Support of Clergy

2nd Collection
Support of Parish



LET US REMEMBER TO PRAY FOR EACH OTHER

Sick: Glenn, Isabella, Keith Belton, Anton Sylvester, Gloria Phillips, Amalie Leditschke, Chris Harwood, Amy & Jude

Recently Deceased: Antonietta Perrotta, Philip William Tonkin

Anniversaries: David McCleave, Manuel Cui Arrogante, Herminia Recio Marciano, Lim Chheng, Pouch Kouy, Bun Chitoun Mouy, Lim Mouy Eng, Bernard Mills, Yvonne Mills

We acknowledge the traditional custodians of the land on which our parishes, communities and offices stand and we pay our respects to Elders past, present and emerging.

We commit ourselves to actively work alongside indigenous people for reconciliation and justice.

CAMINO OF THE HEART - Doing the Hokey Pokey

Our Gospel this week –“Do not let your hearts be troubled ... I am the way, the Truth and the Life” -is taken from Jesus’ farewell to his disciples at the Last Supper. We read it with sadness during Holy Week. However, this weekend, we are invited to read it in the light of the Resurrection. While originally it was ‘Goodbye’ to the apostles, today it’s ‘I’m back so let’s get going, I know the way’ and is meant for us. At every Easter Mass we said that we are: ‘Filled with Easter joy’, that ‘fear, shadows and sorrows are gone’, that ‘a new door, a new path, a new world, new horizons open up.

I had a great moment this week. I was visiting a parishioner at her aged care home. A place of quiet corridors, careful movement, muted voices. A person’s whole life gets shrunk to the size of a single room. Photos, of course, and a few pieces of furniture, reminders of what used to be. It’s terrible if these become a place of waiting, not living. Well, they didn’t this week.

On the way into the home, I noticed two women, about fifty years old. They wore brilliant pink and sunny yellow, big hair, lips, fingers & toe nails a matching pink and carrying a boom box. I asked one of the staff was something special on, and she replied: ‘No, not special, it’s our usual ‘Rock & Roll’ session in the common room’. For the ladies there was no quiet tiptoeing into the room but a brash “We here, let’s get started”.

And from the Boom Box came Johnny O’Keefe’s ‘Shout’, and Jerry Lee Lewis’ ‘Great Balls of Fire’. Those women brought rhythm to those who could’ve forgotten how, and had them foot tapping, head swaying, arms swinging, walking sticks clacking, and walkers spinning. The ward became a dance floor. They were there to get people moving again - not perfectly, not gracefully, but alive. To stand in a room that could whisper “it’s over” and answer it with MUSIC. And I thought: That’s Easter.



For weeks now, the Gospels have been reassuring, - the disciples and Thomas in the Upper Room, the Emmaus travelers, Thomas touching the wounds. Today the reading doesn’t reassure us “It’s OK, he’s not really dead”. Now it’s ‘Enough sitting around, it’s not over, we’re just starting.’ In effect Jesus says to us – ‘You know the way, you know the why and you know the how – so get going, the world is waiting’. Resurrection is not something that happened to Jesus but has become our way of life and something we can’t keep to ourselves. This is the birth of Mission.

We can underestimate the gift of the Spirit. It doesn’t come so we can admire Jesus from a distance, but to set us on fire, to be the life of Jesus in us. Holiness is ‘living the dream’, (as my brother in retirement keeps telling me) not allow life to get cold. Ronald Rolheiser reminds us that spirituality is ultimately what we do with our “fire.” He suggests that holiness isn’t the absence of energy, but the direction of it. To be holy is to be “on fire” with a vitality that refuses to let the world grow cold. When Christ gives his Spirit, it isn’t so we can simply admire him from a distance. It is so we can live his life in us. And Richard Rohr reminds us that Christ is our template for loving, loving as he did, for the same reason he did, and because his Spirit makes it do-able. So, every space, every day, every experience has the potential from changing from ‘Black and White’ to ‘Glorious Technicolour’, ‘In Eastman Colour’ as used to appear in the movie advertisements. We are the ‘Upper Room’ where Christ can suddenly turn up.

Putting Your Whole Self In

That is the “Hokey Pokey” of the spiritual life. It’s the refusal to keep one foot out, playing it safe, waiting until you feel “holy enough” or “sorted enough.” Holiness is the courage to put your whole self in - even the parts that feel awkward or uncoordinated. It is the trust that his Spirit in you can think, move, respond, and love - now.

So, Jesus says to his disciples and to us, don’t let life shrink. Don’t reduce your faith to something safe and small, let it stretch you. Because Resurrection is not a memory to hold onto; it’s a life to step into. So, step out of the locked rooms of your own heart. Bring some music where there is none. Take a risk in love. And discover - almost to your surprise - that Christ is not just someone you follow. He is a life being lived... in you. As St Bonaventure: “God is a circle whose centre is everywhere and whose circumference is nowhere.” (Actually St Bonaventure (1464), stole this line from Nicholas of Cusa (1474) and claimed the credit. You can’t trust these Franciscans). And Ronan Keating sings: “I hope you dance”

TAA

Each day before entering a room – at work, to make sure kids are in bed, going to make a cuppa, pause for 5 seconds and reflect “I am bringing Christ into this room”

Music Reflection

Jerry Lee Lewis. Great Balls of Fire <https://youtu.be/lgCNOsSYP4I?si=Yve09iJRVCvO3L61>

Ronan Keating – I Hope You Dance https://youtu.be/dKTKW_oOXFQ?si=U-6-GLe2GqxUSkqi

Johnnie O’Keefe Shout https://youtu.be/jo0Osnm4lbw?si=eULUxmP6uGBi8A_P

Art Reflection

In Matisse’s work, he deliberately left a gap between hands of the two figures in the lower left. That was to invite others to join the dance.

Matisse – La Danse



Chagall - The Dance



MOTHER'S DAY RAFFLE - LAST WEEKEND TO PURCHASE!

Look out for our volunteers selling raffle tickets this weekend. Tickets will be \$2 each or 3 for \$5. First prize: choice of a handmade quilt or a gift hamper. Prize drawn on the 10th of May (Mother's Day) Money raised will go towards the purchase of a new lectern and other items needed in the churches.

SACRAMENTS OF CONFIRMATION AND FIRST COMMUNION FOR CHILDREN

Enrolment forms for Confirmation and First Communion for children in 2026 are now available in the church foyers, on the website and attached to the e-bulletin. Parents and carers are asked to discern if their children are ready to receive these sacraments. Children who have received the Sacrament of Reconciliation before January of this year, may be enrolled for these Sacraments.

Please fill in the form and return it to Sue Schulz at the Parish Office or email sue.schulz@themonastery.net.au by Monday 25th of May. You will receive more details regarding the Parent Information night once the enrolment form is received.

SPA IN A JAR

This is the last weekend for donations. Thank you to everyone who has already donated, everyone has been extremely generous. I know the "Helping Hands" crew are eagerly waiting to put these jars together. Once done, I will be delivering them to the manger and she will take them to the children so they can pick a jar out for their mum for Mother's Day. Watch out for the pictures in coming bulletins of the finished products.

BOOKS 'N' BIKKIES

Next Thursday the 7th of May everyone is welcome to our Books 'n' Bikkies club where we share the books we have been reading, if we enjoyed them or not, any new authors we have found or old favourites to share. So bring your "I've been reading.." pile, have a cup of tea or coffee and a bikkie or two and join the conversation. In the Sebastian Centre from 10am until 12 and the library will be open if you'd like to borrow.

NATIONAL VOLUNTEER WEEK (18-24 MAY)

This week reminds us that strong relationships and shared responsibility create safe and welcoming communities. Our parish flourishes because of volunteers who generously share their time and talents across ministries, pastoral care, programs like Spa in A Jar, Bags of Love and the Brother Michael Hamper Appeal, while also meeting safeguarding requirements and supporting safe practices. This year's theme, "Your Year to Volunteer," encourages us all to step forward as we thank all who serve with dedication and care.

St Paul of the Cross community and staff would like to invite all volunteers to an afternoon tea on the 24th of May at starting at 2.30pm in the Sebastian Room. Tea, coffee and soft drink provided, BYO alcoholic beverages and glasses.

GLEN OSMOND GROVE CARE COMMUNITY

Glen Osmond Grove Care is inviting kind, community-minded people to apply for volunteer roles supporting the elderly residents. They are seeking volunteers who can support residents through:

- Music and entertainment
- Conversation and companionship
- Emotional support

Volunteer times are flexible and no experience is necessary- just a genuine interest in older people and the ability to communicate with patience and respect.

If interested, please contact Rosa (Well being Manager) on 8379 1449 or rosa.spano@opalhealthcare.com.au

MARIAN PROCESSION

The 77th Marian Procession will be held on Sunday 17 May 2026 beginning at Victoria Park and processing up Wakefield Street into Victoria Square. The Procession will commence at 2pm and all are invited to attend. For more information, please contact Archdiocesan Events on 8210 8220 or events@adelaide.catholic.org.au

MARIAN PROCESSION VOLUNTEERING

The Archdiocesan Events Office is currently seeking volunteers to support at the Marian Procession in a range of roles. If you are available and willing to help, please contact events@adelaide.catholic.org.au or 8210 8220. Volunteer roles are needed for Saturday 16th May and Sunday 17th May (which is the date of the event and begins at 2pm).

EMBRACE LIFE FORUM – GENESIS PREGNANCY SUPPORT SERVICES

Executive Officer, Ms Julie Sharpe, will present a workshop on: "Embrace Life: Listening to the Voices of Life."

Please come to the Mater Christi Parish Centre – Centacare Room, 413 Grange Road, Seaton, on Monday 11 May 2026, from 6pm – 7.30pm, to hear about the work of Genesis Pregnancy Support Services. Julie Sharpe will offer a powerful witness to the life-changing work of Genesis and the real difference it is making in the lives of vulnerable mothers and their babies across Adelaide. "Speak up for those who cannot speak for themselves, for the rights of all who are destitute." (Proverbs 31:8-9) Learn how the annual parish Collection for the Unborn Child supports this vital work of advocacy, care, and hope.

For more information: Please contact the Office of Justice, Healing and Inclusion at jhi@adelaide.catholic.org.au



Parish Mission Statement

Guided by the Gospel, our Catholic tradition and inspired by the Spirituality of the Passionists we are a welcoming, diverse community with a strong focus on equality for all. We seek God through our gathering to celebrate the Eucharist and to share in liturgies which nurture our stewardship, commitment to social justice and providing spiritual nourishment and hospitality.

SAFE ENVIRONMENTS FOR ALL

Did you know that the United Nations Convention has established 42 rights for children and young people and we as adults have a responsibility to protect these rights? These rights are known as articles, this is article number 14;

Children have the right to religious freedom and parents have the right to teach their children about the religion of their choice.

We are blessed to live in a country where we are free to practice our faith. We are grateful for our right to teach our children the Gospel message while also recognising that they have been given the gift of free will. We encourage our children to come to Christ joyfully, drawn in by the love of God rather than out of obligation or fear. We keep in our thoughts children and families who do not have this freedom and who maintain faith despite fear of persecution. Let us pray that they are granted freedom to live their faith openly and let us be thankful every day for the opportunities our own children have to learn about the true freedom we find in the message of the Gospel.

To find out more about child protection initiatives contact the Child Protection Unit on 8210 8159.

IN THE EVENT OF AN EMERGENCY

Please remain calm and follow the direction of the Priest. If an evacuation is necessary:

St Paul's – Please assemble on the Oval and await further direction.

St Raphael's – Please assemble in the carpark/lawn in front of Brereton Centre being mindful of any emergency vehicles needing access to the church.

HOSPITAL STAYS

If you are to be admitted to hospital, perhaps let someone in the Parish team know so that you will have an opportunity to be supported. If you choose, the Parish can also share this information with the respective Chaplain in advance so that one of the team can visit you during your stay. If a family member or friend is admitted to hospital, please contact the Parish Office if they would like to be visited. This is the only way for us to know.

REMINDER NOTICE

Working with Children Check Clearance for all Volunteers of St Paul of the Cross Parish Glen Osmond/Parkside.

It is a legal requirement that all volunteers 14 years and older have a valid Working with Children Check clearance (WWCC) from the Department of Human Services (DHS). Kindly note the following:

- All new applications need to contact the Parish Office to lodge their application.
- All existing volunteers that need to renew their clearance can contact the parish office to renew your application. Please note: DHS is directly emailing existing clearance holders **9 months prior** to expiry requesting a renewal of your clearance.
- All children between the ages of 14-17 years need to apply for a WWCC with signed parental consent on the forms.
- Any volunteer (new or existing) having a valid WWCC clearance associated with another organisation can share a copy of the clearance email from DHS. Please email the details to the parish office to have it associated with the Parish register.
- All altar servers, choir members, Children's Liturgy of the Word leaders, Ministers of the Word and Extraordinary Ministers of Holy Communion at Mass, welcomers, sacristans, and general church volunteers needs a valid WWCC to serve in their roles without any exceptions.
- If your clearance has expired you need to first have your clearance renewed before you continue with your ministry.

REMINDER: SAFEGUARDING CHILDREN

Photography during Mass and in particular of minors and individuals without their consent is prohibited under the Church and Civil protocols.

A reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member.

Kindly ensure that children are supervised by an adult family member in the carpark at all times. Please observe the speed limits around our churches and within the car parks.

The Monastery Oval - The grounds and oval at The Monastery are private property, no dogs are allowed onto the grounds or oval at any time due to health and safety concerns.

Parish Pastoral Team

Parish Priest:

Fr Tom McDonough cp

Assistant to the Parish Priest:

Fr Cao Anh Phi cp

Fr Pastor Mumburi cp

Passionist Community Members:

Fr Tony Egar cp,

Fr Paul Kien cp,

Fr Pham Quang Vinh cp,

Bro. Mark Wells cp.

Bro. Phuc Van Nguyen

Pastoral Associate:

Sue Schulz

Parish Secretary:

Carmela Pannunzio

Admin Assistant:

Claire Hamlyn

WHS Co-Ordinator

Donna Cooper

Child Safe Contact Person

Sue Schulz

Parish Pastoral Council

Mr Peter McLoughlin

Finance Chair:

Mr Brian Lilley

Passionist Sisters:

Sr. Shiji (Community Leader)

Sr. Jasmine, Sr. Nithya,

Sr. Mary Jasmine

Parish Office Hours

9am – 4pm Monday to Friday

Phone: (08) 8338 1277

Address

St. Paul's & The Monastery

15 Cross Rd. Urrbrae 5064

St. Raphael's, Young St.,

Parkside 5063

Email

parish@themonastery.net.au

Website and Facebook

themonastery.net.au

www.facebook.com/

StPaulsRetreat/

Holy Spirit Province website:

www.passionists.com

St Raphael's Primary School

114 Glen Osmond Road,

Parkside

Ph: 08 8274 4900

Mrs Emma Fowler (Principal)