



The Parish of St Paul of the Cross - Glen Osmond/Parkside

30th - 31st May 2026 ♦ The Most Holy Trinity Year A

We are an inclusive Catholic Community connecting people to God and to one another.

Today's Theme:

THE GOD OF LOVE AND PEACE

Our celebration today is a song of praise to God who has taken us up to share in the very life of the Trinity. The grace of the Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit is with us all.

Entrance Antiphon: Blessed be God the Father and his only begotten Son and the Holy Spirit: for he has shown that he loves us.

Response to the Psalm: Glory and praise for ever!

Gospel Acclamation: Alleluia, alleluia! Glory to the Father, the Son and the Holy Spirit: to God who is, who was, and who is to come. Alleluia!

Communion Antiphon: Since you are children of God, God has sent into your hearts the Spirit of his Son, the Spirit who cries out: Abba, Father.



SACRAMENT OF RECONCILIATION

The Sacrament of Reconciliation will be available on the first Saturday of the month.

- St Raphael's Church 4.45pm until 5.15pm.
- St Paul of the Cross Church 5.15pm - 5.45pm.

MONTHLY 'CUPPA' IN PARISH

- 7th June, after the 9.30m Mass in the Brereton Room at St Raphael's.
- 13th June after the 6pm Mass at St Paul of the Cross Church
- 14th June after the 8am Mass at St Paul of the Cross Church.

Please bring a plate of food to share.

GIVE EASY

Please scan the QR code for a link to our collections:

- 1st Collection**
Support of Clergy
- 2nd Collection**
Support of Parish



LET US REMEMBER TO PRAY FOR EACH OTHER

Sick: Keith Belton, Glenn, Yap CC, Isabella, Anton Sylvester, Gloria Phillips, Amalie Leditschke, Chris Harwood, Amy & Jude

Recently Deceased: George Piazza, Catherine Tillett, Victoria Jimenez, Alberto Cortese

Anniversaries: Halina Duluk, Pasqualina Lupo, Lea D'Silva, Sr Caroline, Michael & Agnes McMahon, Jan Jerzy Kersz, Ann & Fred Moller, Antoino Porcaro, Antonietta Perrotta

We acknowledge the traditional custodians of the land on which our parishes, communities and offices stand and we pay our respects to Elders past, present and emerging.

We commit ourselves to actively work alongside indigenous people for reconciliation and justice.

MASSES FOR THE FOLLOWING WEEK 30th May - 5th June 2026

	St Raphael's	St Paul's
Saturday	5:30pm	6:00pm
Sunday	9:30am	8:00am 10:30am 5:00pm
Monday		9:30am
Tuesday		9:30am
Wednesday		9:30am
Thursday	9:30am	
Friday	9:30am	

Adoration of the Blessed Sacrament at St Raphael's Church

Thursday	10:00am until 1.30pm
Friday	10:00am until 1.30pm
Saturday	12:00pm until 3:30pm
Sunday	10:30am until 4:00pm

Roster for 6th - 7th June

St Paul's		St Raphael's	
6:00pm	R: Angela H. E: Cathy F.	5:30pm	R: Amritha A. E: Eleanor L.
8:00am	R: Paul S. E: Michelle C.	9:30am	R: Elizabeth D. E: Vera-Ann S.
10:30am	R: Ros R. E: Rayna T.	Count Team: 4	
5:00pm	R: Jen H. E: Trish W.	Altar Society: Melanie	

Next Sunday's readings: The Most Holy Body and Blood of Christ

1st Reading: Deut 8:2-3, 14-16

2nd Reading: 1 Cor 10:16-17

Gospel: Jn 6:51-58

Two Nuns, Two Bishops and Thomas Aquinas walked into a Bar... A Trinity Sunday Reflection

A Story About Love

There is a story told about a man, let's call him Bert. Well, Bert died and after judgement was sent to Purgatory by St Peter. Some of his friends came to Peter and pleaded with him. "Surely there's been some mistake. Bert was a good bloke, honest as the day is long. He gave to charities. He volunteered at the church and school. He was generous with people and always willing to help. Please, Peter, give Bert a break." But Peter sadly shook his head. "No. The rules are the rules. They can't be changed. I can't let Bert out till his Purgatory is over."

Then the man's wife came. She spoke through tears. "Peter, you were married and probably had children, you'll understand. Bert was a wonderful husband, so caring and faithful. He was a great dad who sacrificed so much for me and the kids. He worked long hours and carried worries we never even knew about. He looked after his elderly parents, they were a handful; Bert spent years helping care for his brother with disabilities. Peter, can't you make allowances?" Peter sighed; "I'm really sorry. I wish I could help. But rules are rules! If we changed them for Bert, we'd have to change them for everyone."

Finally, Bert's old mother came forward. Peter started immediately, just a touch exasperated: "Look, I've already said, 'No. I can't let your son out, he has to do all his time in Purgatory.'" The mother jumped in: "Oh Peter, dear, I'm not asking you to open the doors to let my son out. I'm asking you to open the doors and let me in to be with him." And straight away, the gates of Purgatory flew open! It's love that unlocks the doors. It's love that lets Love in. And that explains the whole mystery of God. "For God so loved the world he sent his only Son..."

Explaining the Inexplicable

We make a big mistake if we try to explain the Trinity. In fact, a Church Council once decreed that anyone claiming to understand the Trinity is to be condemned as a heretic. Philosophers, theologians, and Church councils tied themselves in knots trying to explain the unexplainable. The Great Schism between Catholic and Orthodox churches began in the 5th century and was finally set in cement 600 years later. All over whether which is correct in the Creed we say at Mass. To say the Spirit proceeds from the Father 'through the Son' or to say 'The Spirit proceeds from the Father and the Son.' Four years of post-grad study in Belgium and Cambridge and I still don't know the difference. Nuns in primary schools tried to explain the Catechism with shamrocks, 'water-ice-fire', and 'tree-branches-leaves,' and 'sun-rays-warmth. Doesn't quite cut the mustard, but better than 200 years of bishops arguing over two particles.

It's so much straw

The greatest of theologians, Thomas Aquinas, towards the end of his life, was summing up all his many writing and teachings in his magnum opus the Summa Theologica. It was almost complete when after Mass one day, and after deep prayerfulness after receiving Holy Communion, he told his secretary getting his writing desk ready, that there would be no more writing, 'because everything is like straw compared to what I have seen.' God cannot be explained; God can only be known. And God can only be known by the heart that has received God's love. And once you have surrendered to God's love, no explanation is necessary.

St John of the Cross and the Ascent of Mount Carmel

St John of the Cross described the spiritual journey as climbing a seven-storied mountain toward God. As he climbed, he said he had to let go of more and more certainties and images.

"God is like this." "Prayer should feel like that." "If I search hard enough, I will eventually find God." One by one the certainties had to fall away. And when John finally reached the top of the mountain, what did he find? "Nada. Nada. Nada." Nothing, Nothing, Nobody. No thing, no body to be seen - but oh so much to be 'felt'

God is not like our next-door neighbour, someone we can see and touch and talk to. God isn't someone standing alongside everybody else. Coming into the room like a visitor. St John found nothing, not because God was absent, but because God was everywhere. John saw nothing because there was nowhere God was not. John heard nothing because every sound already echoes the voice of God. St John realised, as Aquinas did, that you don't have to keep searching, you don't have to do anything, you only have to surrender.

Love longs to love

As our opening story reminded us, God will search us out, God will unlock the doors, because that is what Love does. Before you searched for God, God was already there. Before you ever prayed, before you ever doubted, before you ever believed, before you ever succeeded or failed at holiness, you were already being held inside a love deeper than your own existence. God loves to love. And God has chosen that He cannot be God without us

Love longs to be loved

God has opened his heart, and God suffers when love is not returned. He who is infinity itself, has become as vulnerable as you or me. God needs us, so much that God cannot be God without loving us. And God suffers when we are so full of ourselves we haven't got time to love. God suffers when we refuse his love, ignore his love, waste his love. That is why Christ weeps at the tomb of Lazarus, forgives the soldiers executing him, searches for Peter after betrayal, and cries from the cross, "I thirst."

The Finger of God

The Sistine Chapel ceiling has at its centre, the image of God reaching out, stretching out his hand, his finger to Adam. And Adam has his hand stretched out but not quite touching the finger of God. Sometimes, we need to reach a little further to touch the hand of God who has chosen never to be God without us. If that seems beyond us, then Faith tells us God will stretch that little bit further, and a little bit further again, and never give up till we do feel the touch that heals all our wounds.

The Trinity is the deepest truth of the universe. It is underneath everything. It is beneath galaxies and atoms, children's laughter and a widow's pain; beneath old marriages and your child's wedding day, beneath broken hearts and a lover's kiss, beneath dinner tables and hospital wards. It is beneath our prayers of thanks, our cries of lament — Love longs to love. And Love longs to be loved. And that longing...that is the very life of God and our lives too.

TAA

Think of a moment in the last week or so, when some thing or some one made you think: 'Isn't that lovely' or 'wasn't that thoughtful' or 'that was so kind'. It was probably Michelangelo's 'Finger of God' reaching out and touching your soul.

Music

Johann Sebastian Bach | Mass in B minor - Kyrie eleison
https://youtu.be/yI3_-SpgR-s?si=k3riiDd69SKDRXpa

Johann Sebastian Bach | Mass in B minor BWV 232 - Christe eleison
<https://youtu.be/80a3VXPgIlk?si=cGRiRdeSvNufoExU>

POWERPOINT OPERATORS FOR MASSES - URGENTLY NEEDED!

We are in desperate need of volunteers to assist with operating the PowerPoint presentations at our Masses. This role is simple but incredibly important — no experience is necessary, and full training, guidance, and ongoing support will be provided.

If you can spare some time for these important tasks, please contact the office on 8338 1277.

BOOKS 'N' BIKKIES

Everyone is invited to join our book discussion on Thursday the 4th of June in the Sebastian Centre. Come along and enjoy a warm cuppa and a sweet treat whilst sharing about the amazing books that you have been reading and want to recommend to those who enjoy reading. Everyone welcome.

MASS & DEVOTIONS IN HONOUR OF THE IMMACULATE HEART OF MARY

Saturday 6th June, 12pm at St Raphael's Church, Parkside.

Confessions from 11:15am - 11:45am.

Holy Rosary recited at 11:30am. Mass at 12:00pm.

Adoration of the Blessed Sacrament follows Mass until 3:15pm and concludes with Benediction.

Enquiries: Elizabeth 0431 664 382

DEVOTIONS FOR THE SOLEMNITY OF CORPUS CHRISTI

Sunday 7 June at St Raphael's Church.

Adoration of the Blessed Sacrament will follow the 9:30am Mass. There will be a Holy Hour at 3:00pm, concluding with Benediction at 3:45pm.



PARISH WALKING GROUP

Our next walk is on Saturday 13 June and will include a historical walk around Marion. You can meet at The Monastery at 9.30am if you would like to carpool or meet at Annie Doolan's Cottage 45b George Street Marion (behind St Ann's Chapel) at 10am. Parking is available on George Street All parishioners are welcome to come along for this gentle walk followed by coffee and conversation.

KNIT AND KNATTER

Our next Knit and Knatter will be held on the 15th of June (Monday) at 10am in the Sebastian Centre. Plenty of yarn, cups of tea/coffee, biscuits available but please bring your own needles.

REFLECTION MORNING WITH FR TOM MCDONOUGH CP

Heart on Fire – The Sacred Heart of Jesus

Join us for a morning of reflection led by Fr Tom McDonough CP, exploring the love and mercy revealed in the Sacred Heart of Jesus. Inspired by the words of Pope Francis and Pope Leo XIV, this reflection invites us to rediscover love as the heart of the Church's mission — mercy made visible in care for the poor and forgotten.

9:00am on the 13 June 2026 located at The Monastery 15 Cross Road, Urrbrae. Morning tea provided. Suggested donation: \$25. Bookings essential phone 8338 8700 or email conference@themonastery.net.au



CROSS ROAD FORUM AUSSIE VALUES

Do we know what Australia's Values are? Is the national conversation really helping us define them?

Join us to explore what this might mean with our two speakers:

Professor Ian Goodwin Smith, Flinders University Professor of Social Impact, Dean (Research) College of Law and Social Sciences, Business and Creative Arts.

Ian has worked extensively with communities and people who have been marginalised.

Mussa Nawroazi is a criminal defence solicitor, admitted to practice in 2024. His family arrived as refugees from Afghanistan in 2011. He was awarded the SA Australia Day Commendation in 2023 for leadership in culture and languages, and inspires young people from refugee backgrounds to pursue careers in law.

When: Tuesday 23rd June 7.30pm – 9.00pm

Coffee and chat to follow.

Where: The Sebastian Centre, The Monastery, 15 Cross Road, Glen Osmond.

Everyone welcome.

POPE LEO XIV AND JUST WAR THEORY IN THE CATHOLIC TRADITION

Join the Council of Australasian Catholics (CAC) and Garratt Publishing for a free online webinar exploring war, peace, and moral responsibility in the Catholic tradition.

Featuring Professor Darius von Güttner Sporzyński, with a response from Robert Fitzgerald AM. Thursday 11 June 2026 7:00 pm (AEST) Via Zoom. Free Event

Register: <https://garratt1.wufoo.com/forms/zu3g4gc02q59bj/>

PRAYER INTENTIONS OF THE HOLY FATHER

For the values of sports.

Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity, and personal growth.

Parish Mission Statement

Guided by the Gospel, our Catholic tradition and inspired by the Spirituality of the Passionists we are a welcoming, diverse community with a strong focus on equality for all. We seek God through our gathering to celebrate the Eucharist and to share in liturgies which nurture our stewardship, commitment to social justice and providing spiritual nourishment and hospitality.

SAFE ENVIRONMENTS FOR ALL

Did you know that the United Nations Convention has established 42 rights for children and young people and we as adults have a responsibility to protect these rights? These rights are known as articles, this is article number 19 and 37;

Children have the right not to be hurt or mistreated in any way, or be punished in cruel or harmful ways.

We all want the best for our children and want to teach them right from wrong so they grow into caring and happy adults. It is important however for adults to practise compassion and care as well as discipline, remembering that children are vulnerable and are harmed by cruel treatment. Children have the right to safety from violence of any kind as do adults. Let us teach and guide our children gently and with love, just as God teaches and guides us with compassion, care and forgiveness.

To find out more about child protection initiatives contact the Child Protection Unit on 8210 8159.

IN THE EVENT OF AN EMERGENCY

Please remain calm and follow the direction of the Priest. If an evacuation is necessary:

St Paul's – Please assemble on the Oval and await further direction.

St Raphael's – Please assemble in the carpark/lawn in front of Brereton Centre being mindful of any emergency vehicles needing access to the church.

HOSPITAL STAYS

If you are to be admitted to hospital, perhaps let someone in the Parish team know so that you will have an opportunity to be supported. If you choose, the Parish can also share this information with the respective Chaplain in advance so that one of the team can visit you during your stay. If a family member or friend is admitted to hospital, please contact the Parish Office if they would like to be visited. This is the only way for us to know.

DONATIONS

Please note; none of our parishioners will be approached personally or directly by any Passionist Priests or bank employees. If you have been contacted by someone that does not work in our office - please contact us to verify.

REMINDER NOTICE

Working with Children Check Clearance for all Volunteers of St Paul of the Cross Parish Glen Osmond/Parkside.

It is a legal requirement that all volunteers 14 years and older have a valid Working with Children Check clearance (WWCC) from the Department of Human Services (DHS). Kindly note the following:

- All new applications need to contact the Parish Office to lodge their application.
- All existing volunteers that need to renew their clearance can contact the parish office to renew your application. Please note: DHS is directly emailing existing clearance holders **9 months prior** to expiry requesting a renewal of your clearance.
- All children between the ages of 14-17 years need to apply for a WWCC with signed parental consent on the forms.
- Any volunteer (new or existing) having a valid WWCC clearance associated with another organisation can share a copy of the clearance email from DHS. Please email the details to the parish office to have it associated with the Parish register.
- All altar servers, choir members, Children's Liturgy of the Word leaders, Ministers of the Word and Extraordinary Ministers of Holy Communion at Mass, welcomers, sacristans, and general church volunteers needs a valid WWCC to serve in their roles without any exceptions.
- If your clearance has expired you need to first have your clearance renewed before you continue with your ministry.

REMINDER: SAFEGUARDING CHILDREN

Photography during Mass and in particular of minors and individuals without their consent is prohibited under the Church and Civil protocols.

A reminder that all children need to be accompanied to and from the toilet, ideally by an adult family member.

Kindly ensure that children are supervised by an adult family member in the carpark at all times. Please observe the speed limits around our churches and within the car parks.

The Monastery Oval - The grounds and oval at The Monastery are private property, no dogs are allowed onto the grounds or oval at any time due to health and safety concerns.

Parish Pastoral Team

Parish Priest:

Fr Tom McDonough cp

Assistant to the Parish Priest:

Fr Cao Anh Phi cp
Fr Pastor Mumburi cp

Passionist Community Members:

Fr Tony Egar cp,
Fr Paul Kien cp,
Fr Pham Quang Vinh cp,
Fr Jeff Foale cp,
Bro. Mark Wells cp,
Bro. Phuc Van Nguyen

Pastoral Associate:

Sue Schulz

Parish Secretary:

Carmela Pannunzio

Admin Assistant:

Claire Hamlyn

WHS Co-Ordinator

Donna Cooper

Child Safe Contact Person

Sue Schulz

Parish Pastoral Council

Mr Peter McLoughlin

Finance Chair:

Mr Brian Lilley

Passionist Sisters:

Sr. Shiji (Community Leader)
Sr. Jasmine, Sr. Nithya,
Sr. Mary Jasmine

Parish Office Hours

9am – 4pm Monday to Friday
Phone: (08) 8338 1277

Address

St. Paul's & The Monastery
15 Cross Rd. Urrbrae 5064

St. Raphael's, Young St.,
Parkside 5063

Email

parish@themonastery.net.au

Website and Facebook

themonastery.net.au

www.facebook.com/
StPaulsRetreat/

Holy Spirit Province website:
www.passionists.com

St Raphael's Primary School

114 Glen Osmond Road,
Parkside
Ph: 08 8274 4900
Mrs Emma Fowler (Principal)