



# The Parish of St Paul of the Cross - Glen Osmond/Parkside

6th - 7th June 2026 ♦ The Most Holy Body and Blood of Christ Year A

We are an inclusive Catholic Community connecting people to God and to one another.

## Today's Theme:

### THE FOOD AND DRINK OF ETERNAL LIFE

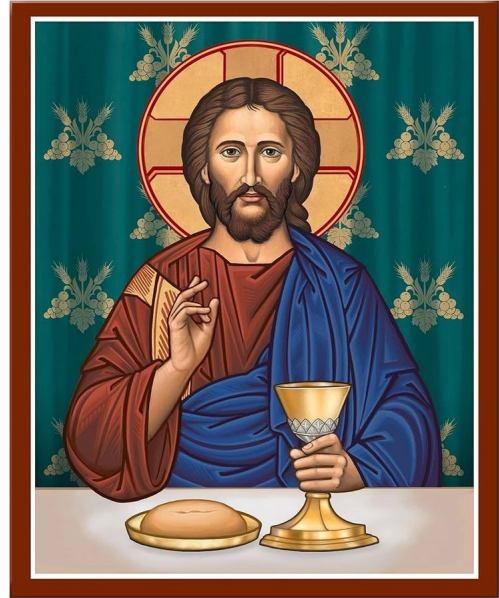
God kept his people alive in the desert by giving them food and drink from heaven. The food and drink he gives us in this sacrament is the body and blood of his Son, given for the life of the world.

**Entrance Antiphon:** The Lord fed his people with the finest wheat and honey; their hunger was satisfied.

**Response to the Psalm:** Praise the Lord, Jerusalem.

**Gospel Acclamation:** Alleluia, alleluia! I am the living bread from heaven, says the Lord: whoever eats this bread will live for ever. Alleluia!

**Communion Antiphon:** Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.



## CORPUS CHRISTI DEVOTIONS

### Sunday 7 June at St Raphael's Church.

Adoration of the Blessed Sacrament will follow the 9.30am Mass. There will be a special Holy Hour at 3.00pm concluding with Benediction at 3.45pm.

### 40TH ANNIVERSARY PASSIONIST FAMILY GROUP MOVEMENT

Please note, the 10.30am Mass on Sunday 14th June will be a celebration for the 40th anniversary of the Passionist Family Group Movement in Adelaide/Glen Osmond.

## GIVE EASY

Please scan the QR code for a link to our collections:

**1st Collection**  
Support of Clergy

**2nd Collection**  
Support of Parish



## MASSES FOR THE FOLLOWING WEEK 6th - 12th June 2026

	St Raphael's	St Paul's
<b>Saturday</b>	5:30pm	6:00pm
<b>Sunday</b>	9:30am	8:00am 10:30am 5:00pm
<b>Monday</b>		9:30am
<b>Tuesday</b>		9:30am
<b>Wednesday</b>		9:30am
<b>Thursday</b>	9:30am	
<b>Friday</b>	9:30am	

### Adoration of the Blessed Sacrament at St Raphael's Church

<b>Thursday</b>	10:00am <i>until</i> 1.30pm
<b>Friday</b>	10:00am <i>until</i> 1.30pm
<b>Saturday</b>	12:00pm <i>until</i> 3:30pm
<b>Sunday</b>	10:30am <i>until</i> 4:00pm

## Roster for 13th - 14th June

St Paul's		St Raphael's	
<b>6:00pm</b>	R: Fiona E. E: Alison Goss	<b>5:30pm</b>	R: Mary Q. E: Des Q.
<b>8:00am</b>	R: Paul O'L E: Bernie S.	<b>9:30am</b>	R: Peter Mc L. E: Rosa F.
<b>10:30am</b>	R: Zuzanna S. E: Marie O.	<b>Count Team:</b> 5.	
<b>5:00pm</b>	R: Catherine W. E: Grant A.	<b>Altar Society:</b> Melanie	

## Next Sunday's readings: 11th Sunday in Ordinary Time

**1st Reading:** Ex 19:2-6

**2nd Reading:** Rom 5:6-11

**Gospel:** Mt 9:36-10:8

## LET US REMEMBER TO PRAY FOR EACH OTHER

**Sick:** Yap CC, Isabella, Keith Belton, Glenn, Nola Kenny, Estrella Wenzel, Anton Sylvester, Gloria Phillips, Amalie Leditschke, Chris Harwood, Amy & Jude

**Recently Deceased:** Dianne Ferrier, Victoria Jimenez, Alberto Cortez

**Anniversaries:** Antonietta Perrotta, Vera Dal Corobbo, Thomas Watson, Brian McIntyre, Kath Russell

We acknowledge the traditional custodians of the land on which our parishes, communities and offices stand and we pay our respects to Elders past, present and emerging.

We commit ourselves to actively work alongside indigenous people for reconciliation and justice.

## Gathered by Memories....Carried by Song - A Corpus Christi Reflection

How many religious libraries are filled with stacks upon stacks of books on Eucharistic theology? The American Library of Congress alone contains an estimated 700,000 works. There are homilies, retreat talks, missals, hymn books, ecumenical tracts, devotions, liturgies, rites, theologies, spirituality. And that is just one library, in one country, in the Western world.

All because Jesus said something very simple at the Last Supper with his disciples. "When I am gone," Jesus said, "please continue doing what we are doing tonight. Keep getting together, sharing a meal, remember me and tell the stories. Thank God for what we have shared together, and you will find I am not gone, not absent. I am still here, still with you. "This is my Body, my Blood."

So, that is what Jesus' followers did - on the road to Emmaus; breakfast after a night fishing around the fire. They gathered around the table, remembering Jesus with thanks, and there He was - or rather, here he is.

Of course, over the years we simplified the dinner part, just bread and wine. We formalised the language. Built churches designed like a family home. We picked up some synagogue customs for reading Scripture. We borrowed altars and vestments from the Roman and Greek temples. Changed from Aramaic to Latin and now who knows how many vernaculars. We determined who could lead the gathering (and who could not) and determined who could share the meal (and who could not), these last two a bit contentious. But essentially, two thousand years later, we are still doing the same thing.

And yet, at the same time, this simple gathering of ordinary people, doing in church what they do every other day of the week around their own dining room tables, Vatican 11 called 'the source and summit of our Christian life'. (Although my family were never great on the 'grace before meals' bit but we were daily Mass goers)

Jesus did not ask his disciples to put on a meal with a selective, curated guest list, or a private-members-only dinner. Quite the opposite. Invite anyone! Invite everyone! Dressed to the nines or clothed from the Vinnies bin, broken or healed, full of faith or overcome with doubt. Invite them not just because they might need you, but because we definitely need them.

It is only a simple meal together, but it provides everything, EVERYTHING, we need to get through the week ahead. Everything we need to cope with the challenges life throws at us when we least expect it. If total strangers can say to you that you are their brother or sister, their equal, that you are just what they need, then perhaps you can say it about yourself.

Where else do complete strangers turn to you and wish you Christ's peace, even though they have no idea how desperately you may need it this Sunday? Or be touched by being recognised, that you exist. Or being offered the Bread of Angels by people you have never met. People actually placing Christ our Saviour, into your very hands.

For one hour a week we share a simple meal. A meal where beggars sit with royalty, where nobodies are treated as somebodies, where no one is special because everyone is special. We receive a gift of loveliness that transforms all the ugliness that life can swamp upon us. That one hour a week is enough to anchor our souls. A simple family meal that can feel like heaven on earth.

We do not need a library of books to understand Eucharist. We simply need to turn up, and then actually intend, believe, and mean what we proclaim and say to each other and about each other. The Body of Christ, Corpus Christi, refers not just to the Sacred Host we receive. It is who we are already.

I would like now to take us elsewhere. What we do is simple, obeying the invitation of Jesus: "Whenever you do this, remember me." What we experience is something else again. We are being invited into the heart of the Father. The transubstantiation is not

only what happens to the bread and wine, but what happens to us. Here is the core of Christ's coming: that we might be transformed.

Eucharist is where you find yourself, if you are willing to lose yourself. It is not what we do; it is what happens when we allow ourselves to be caught up and become Eucharist.

I remember vividly, many years ago, when I heard Allegri's Miserere Mei. I was cleaning the recreation room of Holy Cross Monastery and had the radio on, up loud, of course. Then the singing began. I did not know the Latin, though we pray Psalm 50 every Friday at Morning Prayer: "Have mercy on me, O God." I was mesmerised. It was like listening to liquid gold. For 9 minutes the rec room disappeared. It was similar when I first heard Albinoni's Adagio. The music carried me to another place. The music found me, I didn't do anything but let the music do what it would with me. And what I heard was something far deeper than the music itself. Both brought back memories, unresolved longings, lost loved ones, things to be grateful for, things to regret.

Other times, though, - music, art, poetry, and prayer could leave me cold. If I wanted to find that depth, then I had to be patient, to suspend analysing, to 'stay with' so as 'to learn', I had to listen to hear more, to let a painting eventually speak if I was to see more. Sometimes I was not ready to do so. Sometimes I reacted and closed down. Sometimes I was simply too distracted to pay attention. Seeing or hearing more - the difference was not the music or the art. The difference was me, needing to find the stillness required to hear and to see the "more".

As we can find ourselves becoming the song, so we are invited to become Eucharist. To surrender to the prayer so that we become the prayer. We inhabit the Eucharist. Or the Eucharist brings us home. Christ's prayer was not his words. It was the giving of his heart to the Father. So, our prayer at Eucharist, beneath all the words and songs and silences, is to be carried in Christ's heart to the Father.

Of course, Eucharist is not something that happens like this every Sunday. Priests can be boring or inspiring, readers can be difficult to hear, the music wonderful or 'OMG, not again!' We can be tired or alert, distracted or attentive. 'Being Eucharist', not simply 'going to Mass' on Sunday, is what happens when, week after week, year after year, we allow the story of Christ to take root within us. Gratitude, praise, forgiveness, and compassion are rehearsed again and again until they become part of us. That is how we become Eucharist. Transubstantiation is not just what happens to the host, it's what happens to us.

I suspect that the deepest experiences in life all involve this kind of surrender, this waiting. Love requires it. Friendship requires it. Beauty requires it. Prayer requires it. Eucharist requires it - if we are to become what is being offered, we become the One we receive.

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### TAA

Choose a piece of music, a poem, a painting, or even a place in nature that has the power to transport you. Spend ten uninterrupted minutes with it. Do not analyse it or try to understand it. Simply allow yourself to be present to it. Notice what memories, feelings, longings, or gratitude awaken within you. Ask yourself: 'What is this touching in me?' Then sit quietly and become aware that what you are sensing may be more than memory. It may be Presence.

### Music

Gregorio Allegri – Miserere Mei, Deus. Two beautiful versions. One by the Tallis Scholars - its beauty and grandeur; the other even ChatGPT knows who the choir is, but I love its simplicity <https://youtu.be/xpzdB0G3TJU?si=d-VzK0eBDP5rz1fC>

Tomaso Albinoni – Adagio in G Minor Two versions also. By Hauser on the cello. One with cello/strings (and gorgeous scenery) one cello/organ. <https://youtu.be/80a3VXPgIk?si=cGRiRdeSvNufoExU>

## POWERPOINT OPERATORS FOR MASSES - URGENTLY NEEDED!

We are in desperate need of volunteers to assist with operating the PowerPoint presentation at our Masses. This role is simple but incredibly important — no experience is necessary, and full training, guidance, and ongoing support will be provided.

**If you can spare some time for these important tasks, please contact the office on 8338 1277.**

## MASS AND DEVOTIONS FOR THE SOLEMNITY OF THE SACRED HEART OF JESUS

### Friday 12th June at St Raphael's Church

The Rosary will be prayed at 9.10am. The Litany of the Sacred Heart of Jesus and Adoration of the Blessed Sacrament will follow the 9.30am Mass. The church will be open until 1.30pm.

## MEMORIAL OF THE IMMACULATE HEART OF THE BLESSED VIRGIN MARY

### Saturday 13 June at St Raphael's Church

Holy Mass for the Memorial of the Immaculate Heart of the Blessed Virgin Mary will be offered at 12pm (midday). Please note, silent adoration of the Blessed Sacrament will occur after Mass to 3:30pm

## PARISH WALKING GROUP

Our next walk is on Saturday 13 June and will include a historical walk around Marion. You can meet at The Monastery at 9.30am if you would like to carpool or meet at Annie Doolan's Cottage 45b George Street Marion (behind St Ann's Chapel) at 10am. Parking is available on George Street All parishioners are welcome to come along for this gentle walk followed by coffee and conversation.

## REFLECTION MORNING WITH FR TOM MCDONOUGH CP

### Heart on Fire – The Sacred Heart of Jesus

Join us for a morning of reflection led by Fr Tom McDonough CP, exploring the love and mercy revealed in the Sacred Heart of Jesus. Inspired by the words of Pope Francis and Pope Leo XIV, this reflection invites us to rediscover love as the heart of the Church's mission — mercy made visible in care for the poor and forgotten.

9:00am on the 13 June 2026 located at The Monastery 15 Cross Road, Urrbrae. Morning tea provided. Suggested donation: \$25. Bookings essential phone 8338 8700 or email [conference@themonastery.net.au](mailto:conference@themonastery.net.au)

## KNIT AND KNATTER

Our next Knit and Knatter will be held on the 15<sup>th</sup> of June (Monday) at 10am in the Sebastian Centre. Plenty of yarn, cups of tea/coffee, biscuits available but please bring your own needles.



## CROSS ROAD FORUM AUSSIE VALUES

Do we know what Australia's Values are? Is the national conversation really helping us define them?

Join us to explore what this might mean with our two speakers:

Professor Ian Goodwin Smith, Flinders University Professor of Social Impact, Dean (Research) College of Law and Social Sciences, Business and Creative Arts.

Ian has worked extensively with communities and people who have been marginalised.

Mussa Nawroazi is a criminal defence solicitor, admitted to practice in 2024. His family arrived as refugees from Afghanistan in 2011. He was awarded the SA Australia Day Commendation in 2023 for leadership in culture and languages, and inspires young people from refugee backgrounds to pursue careers in law.

**When:** Tuesday 23rd June 7.30pm – 9.00pm  
Coffee and chat to follow.

**Where:** The Sebastian Centre, The Monastery, 15 Cross Road, Glen Osmond.  
Everyone welcome.

## POPE LEO XIV AND JUST WAR THEORY IN THE CATHOLIC TRADITION

Join the Council of Australasian Catholics (CAC) and Garratt Publishing for a free online webinar exploring war, peace, and moral responsibility in the Catholic tradition.

Featuring Professor Darius von Güttner Sporzyński, with a response from Robert Fitzgerald AM. Thursday 11 June 2026 7:00 pm (AEST) Via Zoom. Free Event  
Register: <https://garratt1.wufoo.com/forms/zu3g4gc02q59bj/>

## EUCHARIST28

The International Eucharistic Congress in Sydney in 2028 ('Eucharist28') will be a global gathering of the Church centred on the Eucharist, the source and summit of our Christian lives, culminating in a Papal Mass with Pope Leo XIV. It will be a festival of faith, rich with worship, prayer, testimonies, art, music – a truly 'once in a lifetime' experience, and a transformative moment for our nation. For more information and regular updates, you can register on the website: <https://eucharist28.org/>

## "LEARN TO MEDITATE" - AN INTRODUCTORY COURSE

This course will be held on Wednesdays 1, 8, 15, 22 July at 7pm - 8-15pm at St Saviour's Anglican Church, 596 Portrush Road Glen Osmond.

A new course - each week there will be a video presentation by Father Laurence Freeman, followed by a time of Meditation and Q&A. For more information and to register contact Dianne Schaefer at [dianneschaefer@yahoo.com.au](mailto:dianneschaefer@yahoo.com.au)

# Parish Mission Statement

*Guided by the Gospel, our Catholic tradition and inspired by the Spirituality of the Passionists we are a welcoming, diverse community with a strong focus on equality for all. We seek God through our gathering to celebrate the Eucharist and to share in liturgies which nurture our stewardship, commitment to social justice and providing spiritual nourishment and hospitality.*

## AID TO THE CHURCH IN NEED

### Did You Know? One in Seven Christians Worldwide Experiences Persecution

An estimated one in seven Christians worldwide experiences persecution or discrimination because of their faith. In countries including Nigeria, Burkina Faso, Pakistan and China, Christians can face imprisonment, violence, or pressure to abandon their faith simply because they follow Christ. Yet despite persecution, countless Christians continue to gather for Mass and practise their faith with remarkable courage - even when doing so may place their freedom or lives at risk. These Christians are not strangers to us. They are our brothers and sisters in Christ, and we are called to stand with them in prayer and solidarity.

Through Aid to the Church in Need (ACN), discover their stories and be inspired by the courage of Mathieu and Pauline, catechists from Burkina Faso who were kidnapped for their faith.

Read their remarkable story by scanning the QR code, or visit [aidtochurch.org/bulletin](http://aidtochurch.org/bulletin)

### About Aid to the Church in Need (ACN)

Aid to the Church in Need is the only international Catholic charity dedicated to the service of suffering Christians wherever they are persecuted, oppressed or in pastoral need. Founded in 1947, ACN is a pontifical foundation and provides vital aid for pastoral projects, religious education, and emergency relief in areas affected by conflict and poverty. For many years we have partnered with parishes to share news of our work in bulletins to let parishioners know about these projects. ACN operates solely on benefactor donations, with no funding from Church or State. Learn more on our website: [www.aidtochurch.org](http://www.aidtochurch.org)



Aid to the  
Church in Need

ACN AUSTRALIA NEW ZEALAND

## FEAST OF ST ANTHONY OF PADUA 2026

The St Anthony of Padova Committee Payneham invites you to the 55th Feast of St Anthony of Padua at Our Lady Queen of Peace Catholic Church, 7 Marian Road, Payneham commencing with a Triduum from 10 to 12 June with the day of the Festa on Sunday, 14 June 2025. Fr Bortolino Maistrello OFM Conv from Italy will preach the Triduum and the Festa Day Masses. There will be two first class relics of St Anthony present for veneration during the Triduum and Feast Day.

### Mass times are:

**Wednesday, Thursday and Friday - 10am (Italian & English) and 7pm (English).**

**Saturday - 10am (Italian & English); 11.30am (Croatian); 6pm (English).**

**Sunday - 8am (English), 9.15am (English), 11am (Italian), 2pm (Tagalog - Filipino Community) and 4pm (English - Indian Community)**

### Confession times are:

**Wednesday and Friday – 9.30am - 9.50am & 6pm - 6.50pm**

**Thursday – 9.30am - 9.50am; 6pm - 6.50pm & 7.30pm - 8.30pm**

**Saturday – 9.30am - 9.50am & 5pm - 5.50pm**

St Anthony's Bread will be distributed after all Masses on 13 and 14 June with a special blessing for children. Throughout Sunday afternoon there will be food, beverages and local entertainment in the parish grounds. For further information or enquiries please telephone – 08 8369 8082 or email [office@paynehamicatholic.org.au](mailto:office@paynehamicatholic.org.au)

### Parish Pastoral Team

#### Parish Priest:

Fr Tom McDonough cp

#### Assistant to the Parish Priest:

Fr Cao Anh Phi cp  
Fr Pastor Mumburi cp

#### Passionist Community Members:

Fr Tony Egar cp,  
Fr Paul Kien cp,  
Fr Pham Quang Vinh cp,  
Fr Jeff Foale cp,  
Bro. Mark Wells cp,  
Bro. Phuc Van Nguyen

#### Pastoral Associate:

Sue Schulz

#### Parish Secretary:

Carmela Pannunzio

#### Admin Assistant:

Claire Hamlyn

#### WHS Co-Ordinator

Donna Cooper

#### Child Safe Contact Person

Sue Schulz

#### Parish Pastoral Council

Mr Peter McLoughlin

#### Finance Chair:

Mr Brian Lilley

#### Passionist Sisters:

Sr. Shiji (Community Leader)  
Sr. Jasmine, Sr. Nithya,  
Sr. Mary Jasmine

#### Parish Office Hours

9am – 4pm Monday to Friday  
Phone: (08) 8338 1277

#### Address

St. Paul's & The Monastery  
15 Cross Rd. Urrbrae 5064

St. Raphael's, Young St.,  
Parkside 5063

#### Email

[parish@themonastery.net.au](mailto:parish@themonastery.net.au)

#### Website and Facebook

[themonastery.net.au](http://themonastery.net.au)

[www.facebook.com/  
StPaulsRetreat/](http://www.facebook.com/StPaulsRetreat/)

Holy Spirit Province website:  
[www.passionists.com](http://www.passionists.com)

#### St Raphael's Primary School

114 Glen Osmond Road,  
Parkside  
Ph: 08 8274 4900  
Mrs Emma Fowler (Principal)