



The Parish of St Paul of the Cross - Glen Osmond/Parkside

11th - 12th July 2026 ♦ 15th Sunday in Ordinary Time Year A

We are an inclusive Catholic Community connecting people to God and to one another.

Today's Theme:

CHRIST, THE SOWER

We celebrate Christ who came to sow the seed of God's word in the world, and we rejoice with him as we see everywhere around us the first-fruits of the Spirit.

Entrance Antiphon: In my justice I shall see your face, O Lord; when your glory appears, my joy will be full.

Response to the Psalm: The seed that falls on good ground will yield a fruitful harvest.

Gospel Acclamation: Alleluia, alleluia! The seed is the word of God, Christ is the sower; all who come to him will live for ever. Alleluia!

Communion Antiphon: Whoever eats my flesh and drinks my blood remains in me and I in him, says the Lord.



MASSES FOR THE FOLLOWING WEEK 11th - 17th July 2026

	St Raphael's	St Paul's
Saturday	5:30pm	6:00pm
Sunday	9:30am	8:00am 10:30am 5:00pm
Monday		9:30am
Tuesday		9:30am
Wednesday		9:30am
Thursday	9:30am	
Friday	9:30am	

Adoration of the Blessed Sacrament at St Raphael's Church

Thursday	10:00am until 1.30pm
Friday	10:00am until 1.30pm
Saturday	12:00pm until 3.30pm
Sunday	10:30am until 4:00pm

Roster for 18th - 19th July

St Paul's		St Raphael's	
6:00pm	R: Marie D. E: Angela H.	5:30pm	R: Amritha A. E: Elizabeth D.
8:00am	R: Paul O. E: Bernie S.	9:30am	R: Carmel G. E: Rosa F.
10:30am	R: Greg K. E: Cathy K.	Count Team: 2	
5:00pm	R: Sue S. E: Dinesh A.	Altar Society: Melanie	

Next Sunday's readings: 16th Sunday in Ordinary Time

1st Reading: Wis 12:13, 16-19

2nd Reading: Rom 8:26-27

Gospel: Mt 13:24-43

MASS & DEVOTIONS FOR THE FEAST OF OUR LADY OF MOUNT CARMEL

St. Raphael's Church Thursday 16th July at 9.30am

The Rosary will be prayed at 9.10am.

During the Mass, there will be an opportunity to be enrolled in the Brown Scapular of Our Lady of Mount Carmel for those who wish.

Adoration of the Blessed Sacrament will follow the Mass until 1.30pm

Morning Tea will be served immediately after Mass in the Brereton Room.

GIVE EASY

Please scan the QR code for a link to our collections:

1st Collection
Support of Clergy

2nd Collection
Support of Parish



LET US REMEMBER TO PRAY FOR EACH OTHER

Sick: Elizabeth Lithgow, Glenn, Trish Betros, Yap CC, Anton Sylvester, Gloria Phillips, Amalie Leditschke, Chris Harwood, Amy & Jude

Recently Deceased: Margot Gregg

Anniversaries: Philomena Belton, John Tully, Marta Dottore, Renato Jose Gomes, Mercily Pawar, Herman Rammers

We acknowledge the traditional custodians of the land on which our parishes, communities and offices stand and we pay our respects to Elders past, present and emerging.

We commit ourselves to actively work alongside indigenous people for reconciliation and justice.

ANCIENT VOICES FOR MODERN LIVES - A SCHOOL OF LISTENING AND WHAT WE HUNGER FOR

Holding Lament and Gratitude in the Same Breath

Sometimes we wonder, 'What on earth is happening?' literally! Pope Francis said that we are not living through an era of change, but a change of eras. He also said we are already fighting World War III, just not in the same place. It's become a cliché to say that. Every evening the news carries us from one war to yet another wound. And on every street so many are surviving, not thriving, the challenges never ending.

And yet, nothing stops us gazing at a glorious sunset, being moved by music, finding love, taking pride in children, being lost in a novel (or Netflix). Enough to know that there is more to life than meets the eye. Thunder clouds and sunshine. There are heaving sighs; there are peals of laughter. Both come from the heart. And often, they arrive in the very same breath.

This restlessness within us, so deeply human, is what the spiritual writer Ronald Rolheiser calls 'Holy Fire'. It is a longing and a yearning for 'More'. Misused, we become bitter, angry and desiccated over what our lot in life has been. Or, held rightly, even if we lament, we still ache for a love that we know will find us.

We experience the same pain, hardship, or sorrow, but we respond with hope, knowing we are worth more than many sparrows. We experience the goodness and the gifts, knowing they are gifts, not an entitlement. We know our suffering is seen, and we know how profoundly significant even the most simple joy truly is. And so we can lament and give thanks at the same time.

Trust Begins with Noticing

Trust, in scripture, so often begins with noticing before it ever begins reacting. Abraham trusts only after he has stopped to hear that whatever happens is also a promise from God. Moses leads only after he stops to approach the burning bush, knowing there is something more to be seen. The priest Samuel answers only when he has learned whose voice is calling him, and he answers, 'Here I am, Lord'. Mary says yes only after she has let the angel's words settle all the way in. Trust is born in hearts that don't react or overreact, but take the time to discern and then to be reassured that what is asked is always accompanied by a gift. They take the time to kindle the 'Holy Fire'.

"Let anyone with ears to hear listen."— Mark 4:9

Richard Rohr, who began the Centre for Contemplation and Action, calls this kind of noticing 'contemplative'. We don't immediately act, try to fix, look for an answer, or make a decision. No, we take time to sit with what that 'Holy Fire' within may illumine. Like Bartimaeus, the Samaritan woman at the well, Zacchaeus in his tree, and Mary Magdalene in the garden, we take time to recognise the voice speaking ever so quietly in whatever it is that is happening. We trust, and simply stay present long enough for the truth to arrive in its own time, willing to be surprised or unsettled by what comes.

Stillness, Sorrow and Gift, and the Uluru Statement

Our First People offer a profound gift. As we wrote last week, 'Country' is more than what we mean by 'land'. It is relationship, memory, responsibility and kin. Their wisdom suggests that healing begins in attentive stillness, patient noticing, the Dadirri, rather than frantic activity and wanting immediate answers.

"Our Aboriginal culture has taught us to be still and to wait. We do not try to hurry things up. We let them follow their natural course... We wait on God too. His time is the right time." — Miriam-Rose Ungunmerr Baumann

This stillness, Dadirri, is not passivity. For our First Nation brothers and sisters, it is by staying present to 'Country', that being 'at home' through which the Creator Spirit can be felt moving. Once again, Christian contemplatives have our own centuries-old wisdom about how to 'wait on God'. Yet both Aboriginal and Christian wisdom speak of how to hold both sorrow and hope, lament and gratitude, at the same time.

The Uluru Statement from the Heart, delivered by First Nations delegates at Uluru in May 2017, carries that same unhurried honesty into public speech. We shouldn't lose the depth of its wisdom. It names the sorrow but does not forget the blessing, an offering waiting to be received.

"This is the torment of our powerlessness... When we have power over our destiny our children will flourish."

An honest acknowledgement of pain, and an unhurried confidence that something good is still being offered. This is what 'listening to Country' and waiting on 'Holy Fire' allows — we can carry the sorrow, and at the same time hold onto the gift, without either one crowding out the other.

Yes, we hunger for more. Yes, we face affliction and are weighed down by our inability to change much. Yes, there is so much over which we are powerless. This longing is the birth of honesty. And yes, there are blessings that come, seeming coincidences that could only be God at work, moments we glimpse in someone: absolute goodness. And this is the birth of trust. And yes, sometimes we don't know what to do with either one.

Yet, when we are asked to live with the ache and live with joy, that is the birth of that 'life to the full' that Jesus said he had come to bring to those who listen to the Word of God, this is: the seed once planted that can grow to produce a hundredfold.

TAA. Pilgrimage of Listening

This week, each day pause for one minute. Notice one sorrow and one gift. Carry both to God without trying to fix either.

Music Reflection

John Ritter - For the Beauty of the earth

<https://youtu.be/xIBkpAm3fhw?si=o1zDMzfYqOgmm1C>

Gurumul- Child of the Rainbow. A song that carried Country, Ancestry and Ceremony

<https://youtu.be/bawDFY8G-o4?si=Yr8lrpKeNQbDs6E>

BRING HOPE TO THE 'INVISIBLE' ON SEA SUNDAY 12TH JULY 2026

Australian Catholics are encouraged to reflect on the lives and experiences of mariners on Sea Sunday (July 12). National director of Stella Maris Australia, Fr Tony Cox SSC, said mariners live on the margins of society and most of their working life is spent beyond the reach of land. "One visiting seafarer said to me: 'People do not see us and because of our invisibility they think we are not human. They do not see what we do and forget that we too have needs'," Fr Tony said. He said the experience of the COVID pandemic, when seafarers were unable to set foot on dry land for a year and a half, and now the war-torn seas of the Straits of Hormuz highlight how dangerous the work is. "It is a lonely life and when away from family and friends this adds to the isolation they may experience," Fr Tony said. "Enduring treacherous seas is a reality we can easily gloss over too." Stella Maris had its humble beginnings through the St Vincent de Paul Society over 100 years ago in Scotland. Formerly known as the Apostleship of the Sea, the official maritime welfare agency of the Catholic Church operates in over 300 ports around the world. "Sea Sunday is a time when we reflect on the lives and the work of all the seafarers of our world," Fr Tony said. "Through helping and supporting their spiritual and material needs, advocating for their dignity and human rights and also championing strengthened international relations, Stella Maris continues to serve our human family no matter the nationality, creed or background."

KNIT AND KNATTER

Our next knitting session for Fred's Van is on the 13th of July. Everyone is welcome to come along to the Sebastian Centre at 10am. Lots of talking, laughter and yarn on offer. Tea/coffee and biscuits provided, BYO needles.

CONVERSATION CAFÉ

Parishioners and friends are welcome to join us in the Sebastian Centre on the 16th of July at 10am for our Conversation Café. Come along have a cuppa, a sweet treat and a chat with others from our community.

FAMILY FRIENDLY MASS SUPER SOUP MAKERS

Anyone willing to make a pot of soup for after our Family Friendly Mass on the 19th of July, please contact Sue in the Parish Office to coordinate delivery, as it would be most appreciated by Fr Phi, Br Phuc, Lisa and Sue.

PARISH WALKING GROUP

Saturday 1 August is the next parish walk. If you would like to come along please meet at The Monastery at 9.40am to car pool or meet at the Himeji Gardens on South Terrace at 10am.

WOMEN'S RETREAT: A STORY OF HOMECOMING

4 – 6 September 2026

Take time away to rest, reflect, and reconnect at our Women's Retreat at The Monastery.

Through prayer and reflection, we will journey together through the story of the Prodigal Son, discovering the invitation to "come home" to ourselves and to God. Led by Ms Val de Brenni and Fr Pastor Mumburi CP.

This retreat, together with a 1500 word reflection paper, has CESA approval as a SAM day for teachers.

Places are limited. RSVP by 20 August 2026 to reserve your place. Call 8338 8700 or email conference@themonastery.net.au

SAVE THE DATE - BROTHER MICHAEL CHRISTMAS HAMPER APPEAL LUNCHEON

To be held in the Monastery Dining Room, **Wednesday 23rd September, 2026 at 12pm**

Tickets: \$35 for 2 course meal with Champagne or O.J. on arrival. Guest Speaker: Clinton Jury, CEO of St. Vincent de Paul Society. An afternoon of food, fun and friendship. Lots of raffle prizes.

Tickets will be on sale after Masses from Saturday 29th August, 2026.

URRBRAE MENS SHED GRANT

A huge thank you to City of Mitcham for awarding us a Community Facilities Grant to support our Men's Shed. This funding is helping us expand our shed, allowing us to welcome more members and continue growing our community.

ST VINCENT PALLOTTI SCHOLARSHIP TRUST

The St Vincent Pallotti Scholarship Trust offers scholarships to enable lay people to further their understanding and skills in leadership/ministry or a specialised activity, such as promoting faith enhancement, social justice and pastoral care.

More information and applications forms are available at uacpallottines.au Closing date is Friday 31 July 2026.

NATIONAL CENSUS – TUESDAY 11 AUGUST 2026

Every five years, the Australian Bureau of Statistics counts every person and household in Australia. The next Census is on Tuesday 11 August, 2026. The census form asks questions about your age, country of birth, cultural background, living situation, work and education. The census data is used by the government and others to inform decisions about transport, schools, health care, infrastructure and business. It also helps plan local services for individuals, families and communities.

From an Archdiocesan perspective it is important that you identify yourself as Catholic in the census. This information contributes to the parish social profiles and assists with pastoral planning for the future. Your assistance is appreciated.

Parish Mission Statement

Guided by the Gospel, our Catholic tradition and inspired by the Spirituality of the Passionists we are a welcoming, diverse community with a strong focus on equality for all. We seek God through our gathering to celebrate the Eucharist and to share in liturgies which nurture our stewardship, commitment to social justice and providing spiritual nourishment and hospitality.

UPCOMING EVENTS

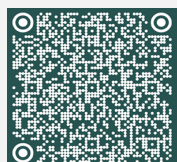
Everyone is welcome to attend any of the following events

13/7	Knit and Knatter
16/7	Feast of Our Lady of Mount Carmel Conversation Café
26/7	World Day for Grandparents and the Elderly
24/7	Home Rosary
1/8	Parish Walk
6/8-9/8	St Carlo Relic Pilgrimage
11/8	National Census

ST CARLO ACUTIS RELIC PILGRIMAGE

The major relic pilgrimage of St. Carlo Acutis is coming to Adelaide 6 – 9 August 2026. Scan the QR code for more information and the Itinerary or head to the link below:

<https://adelaide.catholic.org.au/our-faith/international-eucharistic-congress-28/pilgrimage-of-st-carlo-acutis->



EVERYDAY SANCTITY: A RETREAT DAY WITH THE SCHOENSTATT SISTER OF MARY

With holy Mass, talks and prayer reflections, panel discussion with Q&A, Eucharistic Adoration and Confession. This is an event for both men & women. The cost is \$30 per person which includes morning tea and lunch. For more information call the Parish Office.

Registrations are essential. Please book using the following link.

www.trybooking.com/events/landing/1601155

Date: Saturday 8 August 2026

Time: 9am – 3pm.

Place: Annunciation Church - Hectorville Parish (20 Montacute Road, Hectorville)

MILESTONE WEDDING ANNIVERSARIES - SUNDAY 20 SEPTEMBER 2026

Celebrations for milestone wedding anniversaries in the Archdiocese will again be held in local parish communities to recognise couples in their life-long commitment. The Archdiocese will provide parishes with digital resources via email. In addition to the resources, there is a digital [form](#) for parishes to nominate married couples celebrating significant anniversaries (e.g. 10, 20, 30 years) to receive a certificate for presentation in their parish. **Nominations will close strictly on 4 September.** Unfortunately, certificates cannot be prepared for nominations received after this date.

Please send details to the Parish Office via email parish@themonastery.net.au or 8338 1277.

CARITAS AUSTRALIA EMERGENCY APPEALS

Venezuela: Reacting to the earthquakes, our partner, Caritas Venezuela, has begun mobilising relief efforts, including the delivery of vital support such as water, food, sanitation and shelter. Funds raised through the appeal will support Caritas Venezuela's emergency response, delivered in partnership with local communities and the Church.

Ukraine: As violence escalates in other parts of the world, Ukraine is slipping from headlines. But for millions of people the suffering has not stopped, and more than 10.8 million people are in need of humanitarian assistance.

If you would like to donate to any emergency, you can do so by ringing 1800 024 413 or via the website <https://www.caritas.org.au/donate/emergency-appeals/>.
Thank you so very much.



Parish Pastoral Team

Parish Priest:

Fr Tom McDonough cp

Assistant to the Parish Priest:

Fr Cao Anh Phi cp

Fr Pastor Mumburi cp

Passionist Community

Members:

Fr Tony Egar cp,

Fr Paul Kien cp,

Fr Pham Quang Vinh cp,

Fr Jeff Foale cp,

Bro. Mark Wells cp.

Bro. Phuc Van Nguyen

Pastoral Associate:

Sue Schulz

Parish Secretary:

Carmela Pannunzio

Admin Assistant:

Claire Hamlyn

WHS Co-Ordinator

Donna Cooper

Child Safe Contact Person

Sue Schulz

Parish Pastoral Council

Mr Peter McLoughlin

Finance Chair:

Mr Brian Lilley

Passionist Sisters:

Sr. Shiji (Community Leader)

Sr. Jasmine, Sr. Nithya,

Sr. Mary Jasmine

Parish Office Hours

9am – 4pm Monday to Friday

Phone: (08) 8338 1277

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StPaulsRetreat/

Holy Spirit Province website:

www.passionists.com

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Ph: 08 8274 4900

Mrs Emma Fowler (Principal)