



The Parish of St Paul of the Cross - Glen Osmond/Parkside

18th - 19th July 2026 ♦ 16th Sunday in Ordinary Time Year A

We are an inclusive Catholic Community connecting people to God and to one another.

Today's Theme:

THE LORD, OUR MERCIFUL JUDGE

We stand in continual need of the mercy and forgiveness of God; and we are assured of his forgiveness when we repent, because he has sent us the Spirit of his Son to help us and to plead for us in our weakness.

Entrance Antiphon: God himself is my help. The Lord upholds my life. I will offer you a willing sacrifice; I will praise your name, O Lord, for its goodness.

Response to the Psalm: Lord, you are good and forgiving.

Gospel Acclamation: Alleluia, alleluia! Blessed are you, Father, Lord of heaven and earth; you have revealed to little ones the mysteries of the kingdom. Alleluia!

Communion Antiphon: The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.



SPECIAL ANNIVERSARIES IN OUR COMMUNITY

During July, we celebrated several special anniversaries within our community. We give thanks for the faithful service of Fr Pastor, Fr Tony and Br Phúc, and continue to keep them in our prayers.

Ordination

9/07 Pastor Mumburi (2015)

18/07 Tony Egar (1964)

Profession

10/07 Nguyễn Văn Phúc (2021)

HOLY ROSARY FOR THE MONTH OF JULY

The Holy Rosary will be prayed in the home of Vera Ann Stacy, next Friday 24th July at 2pm. Please phone 8271 5271 for details.

GIVE EASY

Please scan the QR code for a link to our collections:

1st Collection

Support of Clergy

2nd Collection

Support of Parish



Roster for 25th - 26th July

St Paul's		St Raphael's	
6:00pm	R: Maree U. E: Angela H.	5:30pm	R: Mary Q. E: Des Q.
8:00am	R: Ian L. E: Amritha A.	9:30am	R: Peter Mc L. E: Felicia F.
10:30am	R: Diana G. E: Ros R.	Count Team: 3	
5:00pm	R: Sherline A. E: Paul V.	Altar Society: Melanie	

Next Sunday's readings: 17th Sunday in Ordinary Time

1st Reading: Kgs 3:5, 7-12

2nd Reading: Rom 8:28-30

Gospel: Mt 13:44-52

LET US REMEMBER TO PRAY FOR EACH OTHER

Sick: Elizabeth Lithgow, Trish Betros, Glenn, Anton Sylvester, Yap CC, Gloria Phillips, Amy & Jude, Amalie Leditschke, Chris Harwood

Recently Deceased: John Nguyễn Trọng Nguyễn, Margot Gregg, Lawrie Connell

Anniversaries: Stephanie Lee Tan, Herman Rammers, Maureen Mahony, Gerhard Gurdziel, Frank Errington, Hilda Thaxter, Barbara Rojewski

We acknowledge the traditional custodians of the land on which our parishes, communities and offices stand and we pay our respects to Elders past, present and emerging.

We commit ourselves to actively work alongside indigenous people for reconciliation and justice.

WHISPERER OR SCULPTOR - BECOMING THE PRAYER WE PRAY

The last few weeks, I have tried to share reflections related to the Sunday Scripture, and also to the celebration of Naidoc, the gifts we are privileged to share with our Aboriginal sisters and brothers. Far from being an expert of any sort, I tried, in our own Catholic tradition, to hear the voices of the Dreaming, Country and Land. So, we spoke of the deep silence of prayer. A silence beyond words that becomes Presence, becomes Relationship, becomes God-filled. The seed sown in our hearts is Christ himself.

This weekend, in the second reading, St Paul describes this same experience: "For when we cannot choose words in order to pray properly, the Spirit himself expresses our plea in a way that could never be put into words." Many saints have said, from their own experience, that 'just wanting to pray' is a prayer. Augustine says "Your heart's desire is your prayer... There is another inward kind of prayer without ceasing, which is the desire of the heart." Words and formal prayer periodically rekindle that desire, but the deeper prayer is the heart's desire .'

Georges Bernanos's *The Diary of a Country Priest*: "The desire to pray is a prayer in itself, that God can ask no more than that of us. Finally, St Thérèse of Lisieux shared with her sisters "Prayer is a surge of the heart; it is a simple look turned toward heaven..."

St Paul's words can seem to suggest that the Holy Spirit is a gentle voice offering us words to make our own, offering a useful thought, correcting our distractions. Paul can be read saying the Spirit whispers in us and we find words to say, we remain focused and attentive, it may not be the best simile, the 'horse-whisperer', but St Paul adds, that the Spirit 'sighs too deep for words'. Something deeper than finding words is happening. The Spirit is drawing our whole life, our very self into Christ. We don't receive a prayer to pray, we become the prayer itself, who and how we are.

I like the image of a sculptor's hands. A sculptor becomes involved with the marble. The sculptor studies the grain, respects its resistance, senses its weaknesses, works with patience, removes what obscures, strengthens what is fragile and gradually brings a work of art into being. The shaping hands sets the statue free. So, in prayer, the Spirit is shaping the person we are becoming. Grace is working our thoughts, our distractions, our persistent worries, or fears, our desires, memories, choices and even our resistance. We remain in prayer, because our prayer is, in fact, our vulnerability, our willingness to change. As St Paul says, our presence in prayer is our 'Yes' to "being transformed into the same image, from one degree of glory to another; this comes from the Lord, the Spirit."

We pray for peace, and the Spirit exposes the stubbornness with which we cling to our own certainties. We pray for forgiveness, and are led beyond judging another person's fault. We pray, "Your will be done," and become less determined that God's will is what we, in fact want.

Our prayers aren't petitions floating upwards to God waiting to hear. The Spirit works inwards so that the words actually 'take flesh' in us. The answer to our prayers is our life becoming what we have prayed for. Saint Paul again can say, "It is no longer I who live, but Christ who lives in me. "

When Nothing Seems to Be Happening

So, what happens when we are dry as dust and nothing seems to be happening. Sr. Constance Fitzgerald, a profound contemplative Carmelite says, "Well, that silent, apparently barren prayer, may be where a radically new self is being shaped". Like the sculptor, before the work is done, we may see only dust, roughness and unfinished edges. Yet prayer may be changing the depth from which we live before it changes anything we can describe.

Pádraig Ó Tuama, the Irish poet, says prayer does not take us somewhere else, it changes how we are 'here'. We bring the actual material of our life to God, because that is what grace touches.

The Measure of Prayer

If the Spirit were only a whisperer, we might grade prayer by what we heard, how well we have used that particular time slot. If the Spirit is a sculptor, we must look more patiently at what we are becoming, over months and years, we come before the Lord, with our unfinished lives, and remain there.

This is the mercy of prayer. We need not manufacture an experience or leave every prayer with a message. Sometimes the most faithful prayer is to place our unfinished life before God and remain there. The Spirit is nearer than our words, praying beneath and beyond them, not asking God to change anything, but allowing divine love to shape our hearts.

TAA

Choose one prayer you often say: Give me peace. Teach me to forgive. Make me generous. Help me to trust. Don't ask "Will God grant this?" but also, "What would it mean for me to become this prayer?"

Music Reflection

Margaret Rozzio - Silent, Surrendered

<https://youtu.be/vHRwXp0ERq8?si=q16vmXWQJ0gT-gpV>

Lyrics: *Silent, surrendered, calm and still, open to the word of God. Heart humbled to his will, offered is the servant of God.*

APPEAL TOTALS

Please find listed below the total funds collected for various organisations. Thank you for your wonderful generosity!

- **Day of the Unborn Child** \$1,235.00
- **Holy Places Appeal** \$1,129.90
- **Project Compassion 2026** \$3,579.40
- **Holy Father's Appeal (Peter's Pence)** \$1,735.25
- **Collection on Aboriginal & Torres Strait Islander Sunday for Otherway Centre** \$801.90
- **Sea Sunday Appeal** \$529.70

SAFEGUARDING INFORMATION

What is a safeguarding contact person? The Safeguarding Contact Person is someone nominated by the parish to promote the safety and wellbeing of children, young people and adults at risk. They are supported by the Archdiocesan Integrity & Safeguarding Department who can be contacted on 8210 8150.

You might talk to the Safeguarding Contact Person if you:

- Are worried about a child, young person, adult at risk or family.
- Are worried about the behavior of an adult in the parish toward children, young people or adults at risk.
- Are a child, young person or adult at risk who wants support or help.
- Want to know more about supporting and welcoming children, young people and adults at risk in our parish.
- Want to know more about what our parish and the Archdiocese have in place to safeguard and support children, young people and adults at risk.
- Want to know more about the rights of children, young people and adults at risk in the church.
- Have ideas about how our parish can make things even better for children, young people and adults at risk.

Our Safeguarding Contact person is: **Sue Schulz**

Their contact information is: **p: 8338 1277**

E: sue.schulz@themonastery.net.au

PARISH WALKING GROUP

Saturday 1 August is the next parish walk. If you would like to come along please meet at The Monastery at 9.40am to car pool or meet at the Himeji Gardens on South Terrace at 10am.

WALK A MILE IN SOLIDARITY

Friday August the 7th is Hutt St's Walk A Mile in My Shoes annual fundraiser. For those that would like to participate but for whatever reason can't manage to get there, St Paul of the Cross Parish will hold a "Walk a Mile" in solidarity. Beginning at 10am at St Paul of the Cross Church we will walk a mile or two. Tea/coffee, biscuits and fellowship will be on offer after the walk with a gold coin donation to go to Hutt St and the work they do with the community. Everyone welcome!

WOMEN'S RETREAT: A STORY OF HOMECOMING

4 – 6 September 2026

Take time away to rest, reflect, and reconnect at our Women's Retreat at The Monastery.

Through prayer and reflection, we will journey together through the story of the Prodigal Son, discovering the invitation to "come home" to ourselves and to God. Led by Ms Val de Brenni and Fr Pastor Mumburi CP.

This retreat, together with a 1500 word reflection paper, has CESA approval as a SAM day for teachers.

Places are limited. RSVP by 20 August 2026 to reserve your place. Call 8338 8700 or email conference@themonastery.net.au

FREE WEBINAR SERIES – IS THERE DIVERSITY IN CHAPLAINCY?

The Association of Pastoral Ministry Leaders, Melbourne (APMLM) and Garratt Publishing invite you to a free two-part webinar series exploring the diverse roles of chaplaincy.

Thursday 23 July, 7:00–8:30 pm (AEST)

Emergency Services, Ambulance Victoria & Police Chaplaincy

Thursday 30 July, 7:00–8:30 pm (AEST)

Aged Care, Catholic Prison Ministry & Hospital Pastoral and Spiritual Care

Held online via Zoom, these webinars feature experienced chaplains sharing the gifts, challenges and impact of their ministry. Registration is free, but essential. Recordings will be available to all registered participants. For registration and further information visit: www.garrattpublishing.com.au/event/is-there-diversity-in-chaplaincy-webinar-series/

NATIONAL CENSUS – TUESDAY 11 AUGUST 2026

Every five years, the Australian Bureau of Statistics counts every person and household in Australia. The next Census is on Tuesday 11 August, 2026. The census form asks questions about your age, country of birth, cultural background, living situation, work and education. The census data is used by the government and others to inform decisions about transport, schools, health care, infrastructure and business. It also helps plan local services for individuals, families and communities.

From an Archdiocesan perspective it is important that you identify yourself as Catholic in the census. This information contributes to the parish social profiles and assists with pastoral planning for the future. Your assistance is appreciated.

ST CARLO ACUTIS RELIC PILGRIMAGE

The major relic pilgrimage of St. Carlo Acutis is coming to Adelaide 6 – 9 August 2026. Scan the QR code for more information and the Itinerary or head to the link below:

<https://adelaide.catholic.org.au/our-faith/international-eucharistic-congress-28/pilgrimage-of-st-carlo-acutis->



Parish Mission Statement

Guided by the Gospel, our Catholic tradition and inspired by the Spirituality of the Passionists we are a welcoming, diverse community with a strong focus on equality for all. We seek God through our gathering to celebrate the Eucharist and to share in liturgies which nurture our stewardship, commitment to social justice and providing spiritual nourishment and hospitality.

UPCOMING EVENTS

Everyone is welcome to attend any of the following events

24/7	Home Rosary
26/7	World Day for Grandparents and the Elderly
1/8	Parish Walk
6/8-9/8	St Carlo Relic Pilgrimage
11/8	National Census

VOCATIONS HOLY HOUR

Tuesday 4 August 2026 | 6pm | St Francis Xavier's Cathedral.

As part of National Vocations Awareness Week, the Vocations Office warmly invites you to gather in prayer before the Blessed Sacrament for a Holy Hour dedicated to vocations in the Archdiocese of Adelaide.

Please join us as we give thanks to Our Lord and pray that He may guide each of us in discerning what God is asking of us today. Light refreshments, including hot chocolate and cookies, will be served after the Holy Hour in the Cathedral Hall.

For more information, please contact the Vocations Office at vocations@adelaide.catholic.org.au.

SAVE THE DATE - BROTHER MICHAEL CHRISTMAS HAMPER APPEAL LUNCHEON

To be held in the Monastery Dining Room, **Wednesday 23rd September, 2026 at 12pm**

Tickets: \$35 for 2 course meal with Champagne or O.J. on arrival. Guest Speaker: Clinton Jury, CEO of St. Vincent de Paul Society. An afternoon of food, fun and friendship. Lots of raffle prizes.

Tickets will be on sale after Masses from Saturday 29th August, 2026.

MILESTONE WEDDING ANNIVERSARIES - SUNDAY 20 SEPTEMBER 2026

Celebrations for milestone wedding anniversaries in the Archdiocese will again be held in local parish communities to recognise couples in their life-long commitment. The Archdiocese will provide parishes with digital resources via email. In addition to the resources, there is a digital form for parishes to nominate married couples celebrating significant anniversaries (e.g. 10, 20, 30 years) to receive a certificate for presentation in their parish. **Nominations will close strictly on 4 September.** Unfortunately, certificates cannot be prepared for nominations received after this date.

Please send details to the Parish Office via email parish@themonastery.net.au or 8338 1277.

CARITAS AUSTRALIA EMERGENCY APPEALS

Venezuela: Reacting to the earthquakes, our partner, Caritas Venezuela, has begun mobilising relief efforts, including the delivery of vital support such as water, food, sanitation and shelter. Funds raised through the appeal will support Caritas Venezuela's emergency response, delivered in partnership with local communities and the Church.

Ukraine: As violence escalates in other parts of the world, Ukraine is slipping from headlines. But for millions of people the suffering has not stopped, and more than 10.8 million people are in need of humanitarian assistance.

If you would like to donate to any emergency, you can do so by ringing 1800 024 413 or via the website <https://www.caritas.org.au/donate/emergency-appeals/>.
Thank you so very much.



Parish Pastoral Team

Parish Priest:

Fr Tom McDonough cp

Assistant to the Parish Priest:

Fr Cao Anh Phi cp

Fr Pastor Mumburi cp

Passionist Community Members:

Fr Tony Egar cp,

Fr Paul Kien cp,

Fr Pham Quang Vinh cp,

Fr Jeff Foale cp,

Bro. Mark Wells cp.

Bro. Phuc Van Nguyen

Pastoral Associate:

Sue Schulz

Parish Secretary:

Carmela Pannunzio

Admin Assistant:

Claire Hamlyn

WHS Co-Ordinator

Donna Cooper

Child Safe Contact Person

Sue Schulz

Parish Pastoral Council

Mr Peter McLoughlin

Finance Chair:

Mr Brian Lilley

Passionist Sisters:

Sr. Shiji (Community Leader)

Sr. Jasmine, Sr. Nithya,

Sr. Mary Jasmine

Parish Office Hours

9am – 4pm Monday to Friday

Phone: (08) 8338 1277

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Website and Facebook

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[www.facebook.com/](http://www.facebook.com/StPaulsRetreat/)

StPaulsRetreat/

Holy Spirit Province website:

www.passionists.com

St Raphael's Primary School

114 Glen Osmond Road,
Parkside

Ph: 08 8274 4900

Mrs Emma Fowler (Principal)